IN RECOGNITION OF KEEP YOUR MOVE IN THE TUBE DAY AT MEMORIAL REGIONAL HOSPITAL

FEBRUARY 20, 2019

WHEREAS: THE CARDIAC AND VASCULAR INSTITUTE OF MEMORIAL REGIONAL HOSPITAL HAS

BEEN PROVIDING SAFE, EFFECTIVE CARE TO ITS PATIENTS FOR OVER THIRTY YEARS WITH THE MISSION OF HEALING THE MIND, BODY AND SPIRIT OF THOSE

THEY TOUCH; AND

WHEREAS: MEMORIAL REGIONAL HOSPITAL WAS THE FIRST HOSPITAL IN BROWARD COUNTY

TO PERFORM ADULT HEART TRANSPLANT SURGERY. THE CARDIAC AND VASCULAR INSTITUTE USES A SKILLED TEAM APPROACH TO PROVIDE QUALITY HEART CARE IN THE COMMUNITY FOCUSING ON PREVENTION, TREATMENT, AND FOLLOW-UP FOR A

RANGE OF HEART AND VASCULAR CONDITIONS; AND

WHEREAS: THE CARDIAC AND VASCULAR INSTITUTE WAS THE FIRST HOSPITAL IN THE WORLD

TO FULLY IMPLEMENT "KEEP YOUR MOVE IN THE TUBETM" IN THE ACUTE CARE SETTING FOR PATIENTS WHO HAVE UNDERGONE OPEN HEART SURGERY. THIS MINDFUL MOVEMENT PHILOSOPHY ALLOWS FOR GREATER MOBILITY AND INCREASED FUNCTIONAL INDEPENDENCE, ALLOWING PATIENTS TO RETURN TO

THEIR LIVES AND DAILY ACTIVITIES MORE QUICKLY; AND

WHEREAS: DURING THE IMPLEMENTATION PERIOD FROM MARCH 9, 2016 TO OCTOBER 31,

2018, APPROXIMATELY 1,200 PATIENTS WERE IN THE PROGRAM - 400 OF THOSE PATIENTS (30%) WERE HOLLYWOOD RESIDENTS. THIS PROGRAM INCREASED THE RATE OF PATIENTS WHO WERE DISCHARGED DIRECTLY HOME INSTEAD OF TO A NURSING HOME, OR INPATIENT REHABILITATION PROGRAM FROM 42% TO 86%. DISCHARGES DIRECTLY HOME DECREASE MORTALITY BY MORE THAN 40% AND SAVES APPROXIMATELY 1.5 MILLION DOLLARS ANNUALLY FOR THOSE

ASSOCIATED HEALTHCARE COSTS; AND

WHEREAS: THE CARDIAC AND VASCULAR INSTITUTE AT MEMORIAL REGIONAL HOSPITAL IS

RECOGNIZED FOR ITS COMMITMENT TO IMPROVING THE HEALTH AND QUALITY OF

LIFE FOR CARDIAC PATIENTS AND THEIR FAMILIES; NOW

THEREFORE: JOSH LEVY, MAYOR OF THE CITY OF HOLLYWOOD, FLORIDA, AND THE HOLLYWOOD

CITY COMMISSION, HEREBY PROCLAIM FEBRUARY 20, 2019 AS:

KEEP YOUR MOVE IN THE TUBE DAY

SIGNED THIS 20TH DAY OF FEBRUARY 2019, AT HOLLYWOOD, FLORIDA

MAYOR JOSH LEVY
VICE MAYOR TRACI L. CALLARI
COMMISSIONER CARYL SHUHAM
COMMISSIONER PETER D. HERNANDEZ
COMMISSIONER RICHARD BLATTNER
COMMISSIONER KEVIN D. BIEDERMAN
COMMISSIONER LINDA SHERWOOD