

# IN RECOGNITION OF MENTAL HEALTH AWARENESS MONTH

MAY 2021

- WHEREAS,** MENTAL ILLNESSES ARE BIOLOGICALLY BASED MEDICAL PROBLEMS THAT DISRUPT A PERSON'S DAILY FUNCTIONING. UNTREATED, THESE CONDITIONS CAN LEAD TO SEVERE DISTURBANCES IN THINKING, FEELING, BEHAVIOR OR MOOD, RESULTING SUBSTANTIALLY IN A DIMINISHED CAPACITY FOR DEALING WITH THE ORDINARY DEMANDS OF LIFE; AND
- WHEREAS,** APPROXIMATELY ONE IN FIVE ADULTS WILL BE DIAGNOSED WITH A MENTAL ILLNESS IN THEIR LIFE, AND ONLY ONE OUT OF TWO PEOPLE WITH A SERIOUS FORM OF MENTAL ILLNESS WILL SEEK TREATMENT. STIGMA AND FEAR OF DISCRIMINATION OVER THEIR CONDITION PREVENTS MANY WHO WOULD BENEFIT FROM MENTAL HEALTH SERVICES FROM SEEKING HELP; AND
- WHEREAS,** RESEARCH SHOWS THAT THE MOST EFFECTIVE WAY TO REDUCE THE STIGMA IS THROUGH PERSONAL CONTACT WITH SOMEONE WITH A MENTAL ILLNESS. GOOD MENTAL HEALTH IS CRITICAL TO THE WELL-BEING OF OUR FAMILIES, COMMUNITIES, SCHOOLS, AND BUSINESSES; AND
- WHEREAS,** PEOPLE WITH MENTAL ILLNESS MAKE SIGNIFICANT CONTRIBUTIONS TO OUR FAMILIES AND TO OUR SOCIETY AND RECOVER IF GIVEN THE NECESSARY SERVICES AND SUPPORT; AND
- WHEREAS,** THE MISSION OF THE NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) OF BROWARD COUNTY IS TO PROMOTE GREATER PUBLIC AWARENESS ABOUT MENTAL ILLNESS IN ORDER TO CHANGE NEGATIVE ATTITUDES, BEHAVIORS, AND STIGMA TOWARD MENTAL ILLNESS; AND TO IMPROVE THE QUALITY OF LIFE FOR ALL INDIVIDUALS AFFECTED BY THESE DISEASES; AND
- WHEREAS,** NAMI BROWARD ADVOCATES FOR IMPROVED HEALTHCARE, HOUSING, CRIMINAL JUSTICE REHABILITATION, MEANINGFUL JOB OPPORTUNITIES FOR PEOPLE WITH MENTAL ILLNESS, AND SUPPORTING PUBLIC EDUCATION PROGRAMS DESIGNED TO HELP ELIMINATE THE PERVASIVE STIGMA SURROUNDING SEVERE MENTAL ILLNESS; AND
- WHEREAS,** NAMI BROWARD SERVES OVER 500 HOLLYWOOD RESIDENTS EACH YEAR WITH PEER SUPPORT PROGRAMS FOR INDIVIDUALS WITH MENTAL ILLNESS AND THEIR FAMILIES; PARTNERS WITH MEMORIAL HEALTHCARE SYSTEM AND *THE REBELS DROP IN CENTER* IN HOLLYWOOD TO PROVIDE IN-PERSON PROGRAMMING VIA ZOOM DUE TO COVID-19; NOW
- THEREFORE,** JOSH LEVY, MAYOR OF THE CITY OF HOLLYWOOD, FLORIDA, AND THE HOLLYWOOD CITY COMMISSION, HEREBY PROCLAIM MAY 2021 AS:

## MENTAL HEALTH AWARENESS MONTH

SIGNED THIS 19<sup>TH</sup> DAY OF  
MAY 2021 AT  
HOLLYWOOD, FLORIDA

---

MAYOR JOSH LEVY  
VICE MAYOR LINDA SHERWOOD  
COMMISSIONER CARYL S. SHUHAM  
COMMISSIONER LINDA HILL ANDERSON  
COMMISSIONER TRACI L. CALLARI  
COMMISSIONER ADAM GRUBER  
COMMISSIONER KEVIN D. BIEDERMAN