RESOLUTION NO.

## A RESOLUTION OF THE CITY COMMISSION OF THE CITY OF HOLLYWOOD, FLORIDA, SUPPORTING THE HEALTHIEST WEIGHT FLORIDA INITIATIVE.

WHEREAS, the City of Hollywood supports policies that focus on healthy weight, health and wellness, and healthier lifestyles in all communities; and

WHEREAS, the Florida Department of Health has launched a healthy weight campaign known as "Healthiest Weight Florida," a public-private collaboration to help Florida's children and adults make informed, consistent choices about healthy eating and active living; this program has been embraced by individuals and businesses in many cities, counties, and communities; and

WHEREAS, the State Surgeon General has launched the 2016 Healthy Weight Community Champion Recognition Program that will recognize local governments and active municipalities (cities, towns and villages) and 67 counties that implement policies to help people become more physically active and improve nutrition; best practice policies implemented by communities will be recognized on January 4, 2016; and

WHEREAS, poor nutritional choices and a lack of physical activity are linked to the increase in overweight adults and children and to obesity which increases the risk of diabetes, cancer, heart disease, liver disease, hypertension and other health conditions; and

WHEREAS, the City of Hollywood officials believe there are important, long-term community benefits to be gained by encouraging healthy lifestyles, including a decrease in obesity in Florida's adults and children and the associated negative health related impacts; and

WHEREAS, community partners can work together to ensure that there are safe places for residents to be active, such as in parks, ball fields, pools, gyms, and recreation centers; and

WHEREAS, access to healthy foods has a direct impact on the overall health of Hollywood's residents and planning for fresh food, open space, sidewalks, and parks should be a priority; NOW THEREFORE, BE IT RESOLVED BY THE CITY COMMISSION OF THE CITY OF HOLLYWOOD, FLORIDA:

<u>Section 1</u>: That it challenges all local governments, businesses, students, parents and all residents to participate in the Healthiest Weight Florida campaign to foster healthy weight and improve overall health, improve job and school performance and decrease work and school absenteeism.

<u>Section 2</u>: That this resolution shall be in full force and effect immediately upon its passage and adoption.

PASSED AND ADOPTED this \_\_\_\_\_ day of \_\_\_\_\_, 2015.

PETER BOBER, MAYOR

ATTEST:

PATRICIA A. CERNY, MMC CITY CLERK

APPROVED AS TO FORM & LEGALITY For the use and reliance of the City of Hollywood, Florida, only.

JEFFREY P. SHEFFEL CITY ATTORNEY