



1 in 5 kids in America don't get the food they need every day. This takes a terrible toll on their health and development, and threatens their futures in profound ways. It also drags down our nation's economy by perpetuating the cycle of poverty.

Food insecurity—the limited or uncertain availability of nutritionally adequate and safe food—exists in 17.2 million households in America, 3.9 million of them with children.

After School Programs, Inc. for over 5 years have been a sponsor and an unaffiliated sponsor in Broward, Collier and Dade County for the After School Nutrition program. For the past 10 years we have been a provider of the summer food program. Currently After School Programs (ASP) provides snack and nutritious hot suppers to 65 schools in Broward, Collier and Dade Counties. On average we serve 6,000 meals per day.

For the summer program 2015 we will be servicing Broward, Dade and Monroe Counties. As of today we have 54 sites under our sponsorship. Those numbers grow daily with the help of our partners from Florida Impact, Share our Strength, Fresh From Florida and networking.

During the summer programs meals are ordered daily through our central office in Deerfield Beach. We have a complete team working on the food program solely. They train, monitor, review paperwork, invoice and provide daily assistance to any site that needs help. Our staff creates a positive, nurturing and developmentally appropriate environment in a culturally competent manner.

Meals over the summer are cold and unitized for easy distribution to the children. All supplies needed including thermometers, utensils, paper goods and coolers are supplied. If a site is in need of anything they can contact us and we will ensure they get it within a day or two.

During the school year ordering meals is done on a weekly basis and adjustment to orders can be made but may require a day turn - around time. ASP will provide refrigerators for use if needed and food warmers and other needed supplies are provided by the caterer daily. These meals are also unitized for easy distribution.

Temperature checks are done at the time of delivery for both programs and recorded on the invoice to ensure that the food is the proper temperature.

During the summer the cold meals are easy to take on off -site field trips. ASP is required to let the DOH know 10 days in advance of any upcoming field trips so that they know if a DOH monitoring is scheduled on that day the children will not be on site and it will need to be rescheduled. It is the provider's responsibility to inform ASP of all planned summer trips.



ASP will do unannounced monitoring of sites within the first 2 weeks of the program and then again during the summer. If deficiencies are noted monitors will give the sites an opportunity to develop a corrective action plan and we will come out and re monitor the sites with those deficiencies. ASP will retrain, re instruct, review and do whatever necessary to help a site be in compliance with the many rules and regulations required of this program. The DOH can come at any time to visit a site and do a spot check of their paperwork and meal service. Should an unannounced monitoring from DOH occurs, ASP requests contact us immediately so that we can be available to assist you if needed.

ASP does extensive training before the start of the program and continues on an as needed basis. At the beginning of the program the sites will be given a handbook with all the required paperwork explaining how to fill things out when things are due, phone numbers of contact people and any other pertinent information to help the program run seamlessly. It will be a take home training manual. This training also delves into the Civil Rights compliance required by each site and sponsor. This program prohibits discrimination on the bases of race, color, national origin, age, disability, sex, gender identity and religion. Any person having a Civil Right complaint has up to 180 days to file. The lines of communication are always open and ASP is here to help our sites with the battle of food insecurity facing our children.

In order to meet the needs and interests of those we serve we offer a menu that has been approved for our programs and that meets USDA nutritional guidelines. Meal choices are consistent with the Academy of Pediatrics dietary guidelines for children and adolescents.

New this year ASP conducted surveys for the After School Nutrition Programs within the first month and will again in the next few weeks. The objective was and is to obtain information needed to gauge satisfaction and address the specific needs and concerns of the students, parents and providers respectively. This policy will be included in our Summer Food Program also. The surveys are available in English, Spanish and Creole.

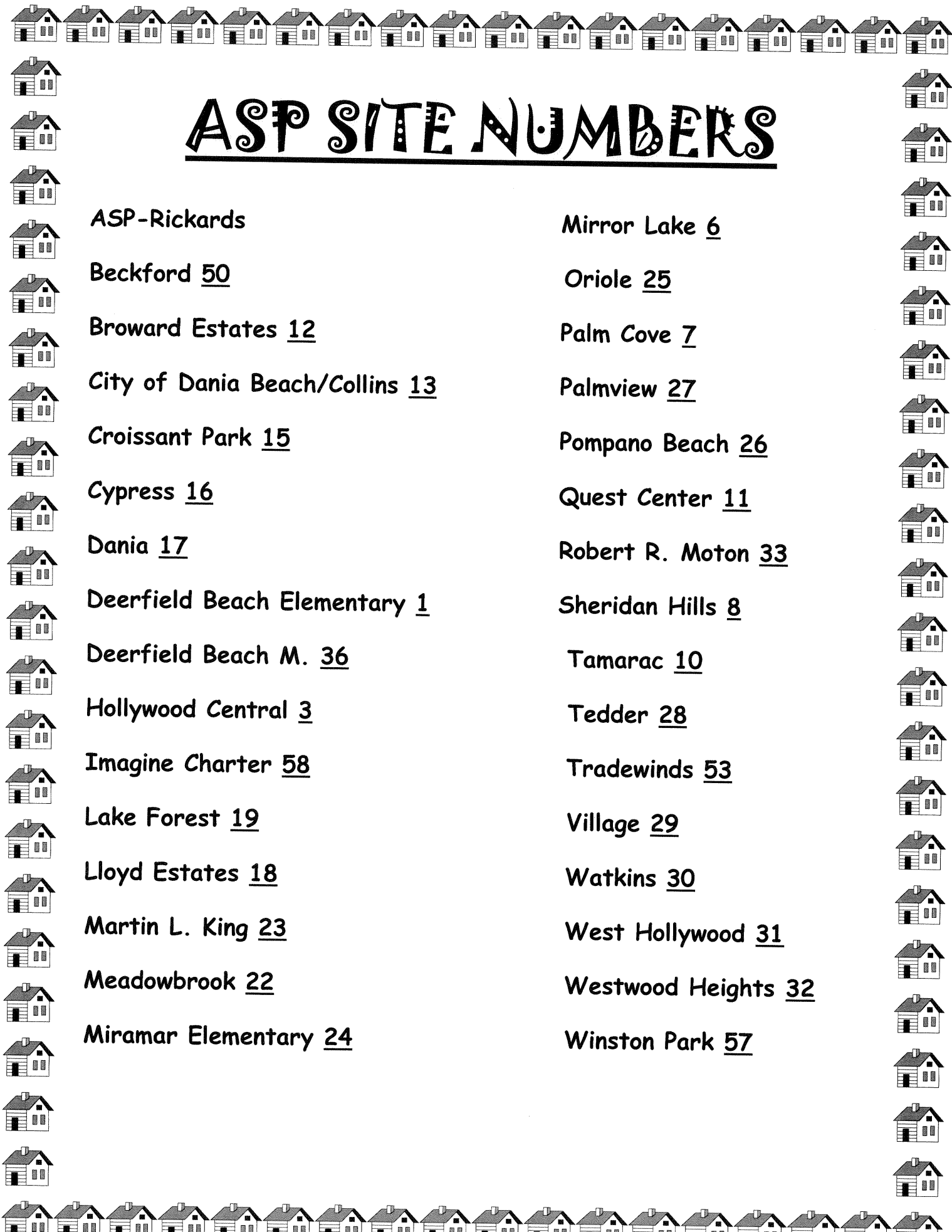
Each site will receive a nutritional curriculum and or activity packet from "My Plate" to enhance the importance of healthy lifestyles when it comes to eating and exercising. Brochures will be made available for parent tables with regard to "healthy eating habits" and "Childhood Obesity". Sites will have the option of giving weekly handouts to parents with a "Healthy Food Recipe".

We currently provide after school and summer programming to 70 schools throughout Florida. We are the recipients of five 21st Century Grants encompassing 11 schools in Broward, Collier, Dade and Orange counties.



Children's Services Council has awarded us grants for a Special Needs, Youth Force and (17) General Population schools in Broward County. We also run a Community Foundation Grant in Broward and a Heart of Florida United Way grant in Orlando. ASP has extensive experience in working with children and their families. Our mission statement is "To be a company that implements genuine care, respect and courtesy for children, parents and each other. To be the premiere provider of child care, while meeting the needs of the children, parents, schools and communities we serve. To enhance and enrich the lives of children as they become young adults, while working as a team toward common goals"

ASP would love the opportunity to partner with the Parks, Recreation, the Cultural Arts division and the After School and Summer Nutrition Programs. Please feel free to contact the references that we have provided as you will be pleased with our reliable, friendly food service programs and the relationships that we have. We look forward to hearing from you so we can work together to start the process of enrolling your sites. Thank you for contacting ASP with this opportunity.



ASP SITE NUMBERS

ASP-Rickards

Beckford 50

Broward Estates 12

City of Dania Beach/Collins 13

Croissant Park 15

Cypress 16

Dania 17

Deerfield Beach Elementary 1

Deerfield Beach M. 36

Hollywood Central 3

Imagine Charter 58

Lake Forest 19

Lloyd Estates 18

Martin L. King 23

Meadowbrook 22

Miramar Elementary 24

Mirror Lake 6

Oriole 25

Palm Cove 7

Palmview 27

Pompano Beach 26

Quest Center 11

Robert R. Moton 33

Sheridan Hills 8

Tamarac 10

Tedder 28

Tradewinds 53

Village 29

Watkins 30

West Hollywood 31

Westwood Heights 32

Winston Park 57



References ASP Sites

Meadowbrook: Christina Castanda - 954-260-3533

Village: Sharon Robbins - 954-741-0422

Winston Park; Nichole Elton - 954-571-7233





NON-ASP SITE NUMBERS



Achievement Rehabilitation Center 55



Center for Hearing/South Plantation 51



City Of Miramar 48



****Cutler Ridge Middle/Cutler Bay 46**



****Gold Coast 43**



Gulfstream 34



James S. Rickards Middle 49



Margate Middle 35



Miramar Early Childhood Program-Fairway Park 59



Miramar High School 52



****Richmond Heights Middle 47**



****South Miami Heights 44**



Stranahan 69



****Sweetwater 45**



UCP- Bright Horizons 66



UCP – Early Beginnings 67



UCP – Faith Christian Church 68



YMCA-AC Perry 61



YMCA-Charles Drew Elementary 63



YMCA – Charles Drew Resource Center 62



YMCA – Hallandale High 65



YMCA – Larkdale 64



YMCA – Markham 60



****Read to Succeed Site**





References Non ASP Sites



Achievement Rehabilitation Center: Tonya Ricker - 954-746-9400

Extension 3332

Hispanic Unity: Michelle Haynes - 954-256-3124

Memorial Health Care: Jamie Wood - 754-204-3102

**Read to Succeed Site



Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.

**Rick Scott**

Governor

John H. Armstrong, MD, FACS

State Surgeon General & Secretary

Vision: To be the Healthiest State in the Nation

March 31, 2015

Elissa Hutshneker
After School Programs, Inc.
1520 S Powerline Rd
Deerfield Beach, FL 33442-8100

Authorization Number: A-3224

To Whom It Concerns:

This letter is to confirm that After School Programs, Inc. is a current participant on the Afterschool Meals Program. This contractor is approved as an affiliated sponsor in Broward and Miami-Dade counties and as an unaffiliated sponsor in Broward and Miami-Dade counties.

Sincerely,

A handwritten signature in cursive script that reads "Brenda Lane".

Brenda Lane
Policy and Program Development Administrator

Florida Department of Health

Division of Community Health Promotion • Bureau of Child Care Food Programs
4052 Bald Cypress Way, Bin A-17 • Tallahassee, FL 32399-1727
PHONE: 850/245-4323 • FAX 850/414-1622 • EMAIL: ccfp@flhealth.gov

www.FloridasHealth.com

TWITTER: HealthyFLA

FACEBOOK: FLDepartmentofHealth

YOUTUBE: fldoh

FLICKR: HealthyFla

PINTEREST: HealthyFla



Please fill out this survey for us based on feedback your child/children have told you about the daily nutritious snacks and meals served during the program. We appreciate you taking the time to participate in our survey.

School Name: _____

1- How does the food taste?

☐ Excellent ☐ Very Good ☐ Fair ☐ Poor

2- How would you rate the quality of the food?

☐ Excellent ☐ Very Good ☐ Fair ☐ Poor

3- Please rate the variety of food served daily?

☐ Excellent ☐ Very Good ☐ Fair ☐ Poor

4- How many meals a week does your child eat at this location

☐ 0-1 ☐ 2-3 ☐ 3-4 ☐ 4-5

5- If you could change one thing what would it be?

6- How happy are you with this service?

☐ Excellent ☐ Very Good ☐ Fair ☐ Poor



Por favor llene esta encuesta para nosotros basado en la retroalimentación de su hijo / hijos le han dicho acerca de las meriendas nutritivas diarias y comidas que se sirven durante el programa. Agradecemos que haya tomado el tiempo para participar en nuestra encuesta.

Nombre de la escuela: _____

1- Como es el sabor de la comida?

☐ Excelente ☐ Muy Buena ☐ Justo ☐ Mala

2- Cómo calificaría la calidad de la comida?

☐ Excelente ☐ Muy Buena ☐ Justo ☐ Mala

3- Por favor califique la variedad de comida que se sirve todos los días?

☐ Excelente ☐ Muy Buena ☐ Justo ☐ Mala

4- Cuántas comidas a la semana come su hijo/hija en el programa?

☐ 0-1 ☐ 2-3 ☐ 3-4 ☐ 4-5

5- Si pudiera cambiar una cosa, qué sería?

6- Qué feliz esta con este servicio?

☐ Excelente ☐ Muy Buena ☐ Justo ☐ Mala



Tanpri ranpli sondaj la, baze sou ki sa timoun yo te di nou sou manje nitrisyon nan lekòl la. Nou apresye ou paske ou te pran tan nan patisipe nan sondaj non.

Mete Non lekòl timoun yo: _____

1- Eske timoun yo remen gou manje a ?

☐ Excellent ☐ Tre byen ☐ San patipri ☐ Pa bon

2- Eske timoun yo remen manje a?

☐ Excellent ☐ Tre byen ☐ San patipri ☐ Pa bon

3- Konbyen fwa pitit ou manje nan lekòl?

☐ 0-1 ☐ 2-3 ☐ 3-4 ☐ 4-5

4- Ki sa ou ta renmen chanjman ?

5- Eske ou kontan avek sevis manje a?

☐ Excellent ☐ Tre byen ☐ San patipri ☐ Pa bon

Tentative Summer Camp Breakfast Menu

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/8/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % grape juice 1/2 cup Low Fat Milk 8oz 1% 6/15/2015 100% Orange Juice 6oz Bowl Pack Cereal 1 oz or 3/4 cup Low Fat Milk 8oz 1% 6/22/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Apple Juice 1/2 cup Low Fat Milk 8oz 1% 6/29/2015 Bowl Pack Cereal 1 oz or 3/4 cup pineapple tidbits 1/2 cup Low Fat Milk 8oz 7/6/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Apple Juice 1/2 cup Low Fat Milk 8oz 1% 7/13/2015 Bowl Pack Cereal 1 oz or 3/4 cup pineapple tidbits 1/2 cup Low Fat Milk 8oz 1% 7/20/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Apple Juice 1/2 cup Low Fat Milk 8oz 1% 7/27/2015 Bowl Pack Cereal 1 oz or 3/4 cup pineapple tidbits 1/2 cup Low Fat Milk 8oz 1% 8/3/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Apple Juice 1/2 cup Low Fat Milk 8oz 1%	6/9/2015 Bowl Pack Cereal 1 oz or 3/4 cup mixed fruit 1/2 cup Low Fat Milk 8oz 1% 6/16/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Grape Juice 1/2 cup Low Fat Milk 8oz 1% 6/23/2015 Bowl Pack Cereal 1 oz or 3/4 cup mixed fruit 1/2 cup Low Fat Milk 8oz 1% 6/30/2015 Bowl Pack Cereal 1 oz or 3/4 cup pears 1/2 cup Low Fat Milk 8oz 7/7/2015 Bowl Pack Cereal 1 oz or 3/4 cup mixed fruit 1/2 cup Low Fat Milk 8oz 1% 7/14/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Apple Juice 1/2 cup Low Fat Milk 8oz 1% 7/21/2015 Bowl Pack Cereal 1 oz or 3/4 cup mixed fruit 1/2 cup Low Fat Milk 8oz 1% 7/28/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Apple Juice 1/2 cup Low Fat Milk 8oz 1% 8/4/2015 Bowl Pack Cereal 1 oz or 3/4 cup mixed fruit 1/2 cup Low Fat Milk 8oz 1%	6/10/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Pineapple Juice 1/2 cup Low Fat Milk 8oz 1% 6/17/2015 Bowl Pack Cereal 1 oz or 3/4 cup pears 1/2 cup Low Fat Milk 8oz 1% 6/24/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Pineapple Juice 1/2 cup Low Fat Milk 8oz 1% 7/1/2015 Bowl Pack Cereal 1 oz or 3/4 cup mixed fruit 1/2 cup Low Fat milk 8oz 7/8/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Pineapple Juice 1/2 cup Low Fat Milk 8oz 1% 7/15/2015 Bowl Pack Cereal 1 oz or 3/4 cup pears 1/2 cup Low Fat Milk 8oz 1% 7/22/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Grape Juice 1/2 cup Low Fat Milk 8oz 1% 7/29/2015 Bowl Pack Cereal 1 oz or 3/4 cup pears 1/2 cup Low Fat Milk 8oz 1% 8/5/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Grape Juice 1/2 cup Low Fat Milk 8oz 1%	6/11/2015 Bowl Pack Cereal 1 oz or 3/4 cup peaches 1/2 cup Low Fat Milk 8oz 1% 6/18/2015 Bowl Pack Cereal 1 oz or 3/4 cup mixed fruit 1/2 cup Low Fat Milk 8oz 1% 6/25/2015 Bowl Pack Cereal 1 oz or 3/4 cup peaches 1/2 cup Low Fat Milk 8oz 1% 7/2/2015 Bowl Pack Cereal 1 oz or 3/4 cup Applesauce 1/2 cup Low Fat Milk 8oz 1% 7/9/2015 Bowl Pack Cereal 1 oz or 3/4 cup peaches 1/2 cup Low Fat Milk 8oz 1% 7/16/2015 Bowl Pack Cereal 1 oz or 3/4 cup mixed fruit 1/2 cup Low Fat Milk 8oz 1% 7/23/2015 Bowl Pack Cereal 1 oz or 3/4 cup peaches 1/2 cup Low Fat Milk 8oz 1% 7/30/2015 Bowl Pack Cereal 1 oz or 3/4 cup mixed fruit 1/2 cup Low Fat Milk 8oz 1% 8/6/2015 Bowl Pack Cereal 1 oz or 3/4 cup pears 1/2 cup Low Fat Milk 8oz 1%	6/12/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Apple Juice 1/2 cup Low Fat Milk 8oz 1% 6/19/2015 Bowl Pack Cereal 1 oz or 3/4 cup Applesauce 1/2 cup Low Fat Milk 8oz 1% 6/26/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Grape Juice 1/2 cup Low Fat Milk 8oz 7/3/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Grape Juice 1/2 cup Low Fat Milk 8oz 1% 7/10/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Orange Juice 1/2 cup Low Fat Milk 8oz 1% 7/17/2017 Bowl Pack Cereal 1 oz or 3/4 cup Applesauce 1/2 cup Low Fat Milk 8oz 1% 7/24/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Orange Juice 1/2 cup Low Fat Milk 8oz 1% 7/31/2015 Bowl Pack Cereal 1 oz or 3/4 cup Applesauce 1/2 cup Low Fat Milk 8oz 1% 8/7/2015 Bowl Pack Cereal 1 oz or 3/4 cup 100 % Pineapple Juice 1/2 cup Low Fat Milk 8oz 1%

Summer Camp Lunch Menu

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/8/2015 Bologna 2oz & Cheese .5oz=2.5M/MA on 4inch Whole Wheat Hoagie(3 oz) Whole Orange 1/2 cup Applesauce 3/8 cup Low Fat Milk 8oz 1%	6/9/2015 Ham 2.1 oz & .5oz Cheese=2.25M/MA 4" Round Whole Wheat Bun 4"(3 oz) Apple Juice 100% 1/2 cup Mixed Fruit 3/8 cup Low Fat Milk 8oz 1%	6/10/2015 All American Hoagie=2M/MA Ham 1.25oz, Tky. 1oz, .5oz Cheese 4" White Hoagie (3 oz) Orange Juice 100% 1/2 cup Pineapple Tidbits 3/8 cup Low Fat Milk 8oz 1%	6/11/2015 Ham 2.1 oz & .5oz Cheese=2M/MA 4" White Hoagie(3 oz) Apple Juice 100% 1/2 cup Peaches 3/8 cup Low Fat Milk 8oz 1%	6/12/2015 Turkey Salami 1.5oz, Ham 1oz on 2.2oz Flour Tortilla Blended Juice 100% 1/2 cup carrots 2oz Low Fat Milk 8oz 1%
6/15/2015 Turkey 2.5 oz & Cheese .5oz=2M/MA on 2.2oz Tomato Tortilla Whole Orange 1/2 cup Pineapple Tidbits 3/8 cup Low Fat Milk 8oz 1%	6/16/2015 Ham 2.1 oz & .5oz Cheese=2M/MA 4" White Hoagie(3 oz) Orange Juice 100% 1/2 cup Applesauce Cup 3/8 cup Low Fat Milk 8oz 1%	6/17/2015 Chicken Salad 1/2 cup 4" whole Wheat Hoagie (3 oz) Blended Juice 100% 1/2 cup Peaches 3/8 cup Low Fat Milk 8oz 1%	6/18/2015 Bologna 2oz & Cheese .5oz=2M/MA 4" Whole Wheat Hoagie(3 oz) 138ct fresh apple Pears 3/8 cup Low Fat Milk 8oz 1%	6/19/2015 Turkey 2.1 oz & .5oz Cheese=2M/MA 4" Round White Bun(3 oz) Orange Juice 100% 1/2 cup Peaches 3/8 cup Low Fat Milk 8oz v
6/22/2015 All American Hoagie=2M/MA Ham 1.25oz, Tky. 1oz, .5oz Cheese 4" whole Wheat Hoagie (3 oz) Apple Juice 100% 1/2 cup Pineapple Tidbits 3/8 cup Low Fat Milk 8oz 1%	6/23/2015 Ham 2.1 oz & .5oz Cheese=2M/MA on 2.2oz Spinach Tortilla Apple Juice 100% 1/2 cup Mixed Fruit 3/8 cup Low Fat Milk 8oz 1%	6/24/2015 Bologna 2oz & Cheese .5oz=2M/MA on 2.2oz Flour Tortilla Blended Juice 100% 3/4 cup carrots 2oz Low Fat Milk 8oz 1%	6/25/2015 Turkey 2.5oz & Cheese .5oz=2M/MA 4" White Hoagie(3 oz) Pineapple Juice 100% 1/2 cup Pears 3/8 cup Low Fat Milk 8oz 1%	6/26/2015 Ham 2.1 oz & .5oz Cheese=2M/MA 4" Whole Wheat Round Bun (3oz) Orange Juice 100% 1/2 cup Applesauce Cup 3/8 cup Low Fat Milk 8oz 1%
6/29/2015 Turkey 2.5oz & Cheese .5oz=2M/MA 4" Round White Bun(3 oz) Whole Orange 1/2 cup carrots 1oz Low Fat Milk 8oz 1%	6/30/2015 Tuna Salad 1/2 cup on 2.2oz Whole Wheat Tortilla Blended Juice 100% 1/2 cup Mixed Fruit 3/8 cup Low Fat Milk 8oz 1%	7/1/2015 Bologna 2oz & Cheese .5oz=2M/MA 4" White Hoagie(3 oz) Apple Juice 100% 1/2 cup Pineapple Tidbits 3/8 cup Low Fat Milk 8oz 1%	7/2/2015 Turkey 2.5oz & Cheese .5oz=2.5M/MA on 2.2oz Spinach Tortilla Pineapple Juice 100% 1/2 cup Pears 3/8 cup Low Fat Milk 8oz 1%	7/3/2015 All American Hoagie=2M/MA Ham 1.1oz, Tky. 1oz, .5oz Cheese 4" White Hoagie (3 oz) Blended Juice 100% 1/2 cup Peaches 3/8 cup Low Fat Milk 8oz 1%

Summer Camp Snack Menu

6/8/2015 Apple Juice 100% 3/4 cup string cheese 1oz	6/9/2015 100% Pineapple Juice 100% 3/4 cup Cheese Crackers 1.38oz	6/10/2015 100% Orange Juice 3/4 cup Animal Crackers 1oz	6/11/2015 Grape Juice 100% 3/4 cup Sport's Bites 1 oz	6/12/2015 100% Pineapple Juice 3/4 cup Corn Chips 1oz
6/15/2015 Whole Apple Large Dino Bites 1oz	6/16/2015 Blended Juice 100% 3/4 cup Animal Crackers 1oz	6/17/2015 100% Grape Juice Bear Grahams 1 oz	6/18/2015 Apple Juice 100% 3/4 cup Belly Bear Crackers 1oz	6/19/2015 Pineapple Juice 100% 3/4 cup Corn Chips 1oz
6/22/2015 Apple Juice 100% 3/4 cup Cheese Puffs 1oz	6/23/2015 Whole Orange 1/2 cup Cheese Crackers 1.38oz	6/24/2015 Whole Apple Large Animal Crackers 1oz	6/25/2015 100% Orange Juice 3/4 cup Tortilla Chips 1oz	6/26/2015 Blended Juice 100% 3/4 cup Animal Crackers 1oz
6/29/2015 Grape Juice 100% 3/4 cup Belly Bear Crackers 1oz	6/30/2015 Whole Apple Large Corn Chips 1oz/raisins 1oz	7/1/2015 100% Orange Juice 3/4 cup Belly Bear Crackers 1oz	7/2/2015 Blended Juice 100% 3/4 cup Corn Chips 1oz	7/3/2015 Camp Closed Today For Holiday

Fresh Whole Apple > 125-138 count equivalent to 3/4 to 1 cup fruit

Summer Camp Lunch Menu

Monday 7/6/2015	TUESDAY 7/7/2015	WEDNESDAY 7/8/2015	THURSDAY 7/9/2015	FRIDAY 7/10/2015
Turkey 2.5oz&Cheese .5oz=2M/M/A on 2.2oz Whole Grain Tortilla Apple Juice 100% 1/2 cup Pineapple Tidbits 3/8 cup Low Fat Milk 8oz 1%	Ham 2.1 oz & .5oz Cheese=2M/M/A 4" Whole Wheat Hoagie (3 oz) Whole Orange 1/2 cup Raisins 1oz Low Fat Milk 8oz 1%	Egg Salad 1/2 cup 4" Whole Grain Round Bun (3oz) Orange Juice 100% 1/2 cup Mixed Fruit Cup 3/8 cup Low Fat Milk 8oz 1%	Bologna 2oz & Cheese .5oz=2M/M/A on 2.2oz Whole Wheat Tortilla Blended Juice 100% 1/2 cup Pears 3/8 cup Low Fat Milk 8oz 1%	Italian Sub (1oz Ham and 1.5oz Turkey Salami) on 4" Whole Grain Round Bun (3oz) Apple Juice 100% 1/2 cup Peaches 3/8 cup Low Fat Milk 8oz 1%
7/13/2015	7/14/2015	7/15/2015	7/16/2015	7/17/2015
Tuna Salad 1/2 cup on 2.2oz Spinach Tortilla Whole Orange 1/2 cup Applesauce 3/8 cup Low Fat Milk 8oz 1%	Turkey 2.5 oz& Cheese .5oz=2M/M/A 4" Whole Wheat Round Bun(3 oz) Pineapple Juice 100% 1/2 cup Pears 3/8 cup Low Fat Milk 8oz 1%	All American Hoagie=2M/M/A Ham 1.25oz, Tky. 1oz, .5oz Cheese 4" Whole Wheat Hoagie (3 oz) Orange Juice 100% 1/2 cup carrots 1oz Low Fat Milk 8oz 1%	Ham 2.1 oz & .5oz Cheese=2M/M/A on 2.2oz Tomato Tortilla Grape Juice 100% 1/2 cup Mixed Fruit 3/8 cup Low Fat Milk 8oz 1%	All American Hoagie=2M/M/A Ham 1.25oz, Tky. 1oz, .5oz Cheese 4" Whole Wheat Hoagie (3 oz) Blended Juice 100% 1/2 cup Peaches 3/8 cup Low Fat Milk 8oz 1%
7/20/2015	7/21/2015	7/22/2015	7/23/2015	7/24/2015
Turkey 2.5 oz&Cheese .5oz=2M/M/A 4" Whole Grain Round Bun (3oz) Whole Orange 1/2 cup carrots 1oz Low Fat Milk 8oz 1%	Ham 2.1 oz & .5oz Cheese=2M/M/A on 2.2oz Whole Grain Tortilla Orange Juice 100% 1/2 cup Applesauce Cup 3/8 cup Low Fat Milk 8oz 1%	Chicken Salad 1/2 cup 4" Whole Wheat Round Bun(3 oz) Grape Juice 100% 1/2 cup Mixed Fruit Cup 3/8 cup Low Fat Milk 8oz 1%	Bologna 2oz&Cheese .5oz=2M/M/A 4" Whole Wheat Hoagie (3 oz) Blended Juice 100% 1/2 cup Pears 3/8 cup Low Fat Milk 8oz 1%	Italian Sub (1oz Ham and 1.5oz Turkey Salami) on 2.2oz Whole Grain Tortilla Apple Juice 100% 1/2 cup Peaches 3/8 cup Low Fat Milk 8oz 1%
7/27/2015	7/28/2015	7/29/2015	7/30/2015	7/31/2015
Bologna 2oz&Cheese .5oz=2M/M/A 4" Whole Grain Bun (3oz) Fresh Apple 138ct carrots 1oz Low Fat Milk 8oz 1%	Turkey 2.5 oz&Cheese .5oz=2M/M/A 4" Whole Grain Bun (3oz) Fresh Apple 138ct carrots 1oz Low Fat Milk 8oz 1%	All American Hoagie=2M/M/A Ham 1.25oz, Tky. 1oz, .5oz Cheese 4" Whole Grain Hoagie (3 oz) Orange Juice 100% 1/2 cup Pineapple Tidbits 3/8 cup Low Fat Milk 8oz 1%	Ham 2.1 oz & .5oz Cheese=2M/M/A 4" Whole Wheat Round Bun(3 oz) Apple Juice 100% 1/2 cup Mixed Fruit 3/8 cup Low Fat Milk 8oz 1%	All American Hoagie=2M/M/A Ham 1.25oz, Tky. 1oz, .5oz Cheese on 2.2oz Whole Grain Tortilla Blended Juice 100% 1/2 cup Peaches 3/8 cup Low Fat Milk 8oz 1%
8/3/2015	8/4/2015	8/5/2015	8/6/2015	8/7/2015
Turkey 2.5oz & Cheese .5oz=2M/M/A 4" Whole Grain Round Bun (3oz) Apple Juice 100% 1/2 cup Pineapple Tidbits 3/8 cup Low Fat Milk 8oz 1%	Ham 2.1 oz & .5oz Cheese=2M/M/A on 2.2oz Spinach Tortilla Orange Juice 100% 1/2 cup carrots 1oz Low Fat Milk 8oz 1%	Tuna Salad 1/2 cup 4" Whole Wheat Round Bun (3oz) Apple Juice 100% 1/2 cup Mixed Fruit Cup 3/8 cup Low Fat Milk 8oz 1%	Bologna 2oz&Cheese .5oz=2M/M/A 4" White Hoagie (3 oz) Whole Orange 1/2 cup Applesauce 3/8 cup Low Fat Milk 8oz 1%	Egg Salad 1/2 cup 4" White Round Bun (3oz) Orange Juice 100% 1/2 cup Mixed Fruit Cup 3/8 cup Low Fat Milk 8oz 1%

Summer Camp Snack Menu

Monday 7/6/2015	TUESDAY 7/7/2015	WEDNESDAY 7/8/2015	THURSDAY 7/9/2015	FRIDAY 7/10/2015
Apple Juice 100% 3/4 cup Cheese Crackers 1.38oz	100% Orange Juice 3/4 cup Tortilla Chips 1oz	Blended Juice 100% 3/4 cup Dino Bites 1oz	Whole Apple Large Animal Crackers 1oz	Grape Juice 100% 3/4 cup Bear Grahams 1oz
7/13/2015	7/14/2015	7/15/2015	7/16/2015	7/17/2015
Blended Juice 100% 3/4 cup Corn Chips 1oz	100% Grape Juice 3/4 cup Dino Bites 1oz	Apple Juice 100% 3/4 cup Cheese Crackers 1.38oz	Whole Apple Large Animal Crackers 1oz	Apple Juice 100% 3/4 cup Belly Bear Crackers 1oz
7/20/2015	7/21/2015	7/22/2015	7/23/2015	7/24/2015
Apple Juice 100% 3/4 cup Bear Grahams 1oz	100% Orange Juice 3/4 cup Tortilla Chips 1oz	Blended Juice 100% 3/4 cup Dino Bites 1oz	Whole Apple Large Cheddar Crackers 1.38oz	Grape Juice 100% 3/4 cup Animal Crackers 1oz
7/27/2015	7/28/2015	7/29/2015	7/30/2015	7/31/2015
Blended Juice 100% 3/4 cup Corn Chips 1oz	100% Orange Juice 3/4 cup Belly Bear Crackers 1oz	Apple Juice 100% 3/4 cup Cheese Crackers 1.38oz	Whole Apple Large Sports Bites 1oz	Apple Juice 100% 3/4 cup Cheese Puffs 1oz
8/3/2015	8/4/2015	8/5/2015	8/6/2015	8/7/2015
Apple Juice 100% 3/4 cup Belly Bear Crackers 1oz	100% Orange Juice 3/4 cup Tortilla Chips 1oz	Blended Juice 100% 3/4 cup Animal Crackers 1oz	Whole Apple Large Dino Bites 1oz	100% Orange Juice 3/4 cup Tortilla Chips 1oz

After School Supper Menu

Pattern - Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
SUPPER					
Supper					
Meat or Alternative 1.5 Ounces	Sliced Turkey	Sloppy Joe	Oven Fried Chicken	Breaded Fish & Ketchup	Salisbury Steak w/Gravy
Vegetables 1/4 cup	Mixed Vegetables	Baked Sweet Potato Fries	Mashed Potatoes	Peas & Carrots	Brown Rice
Vegetable OR Fruit 1/4 Cup	Applesauce	Tropical Mixed Fruit	Steamed Zucchini	Fruit Cocktail	Spinach Salad w/Low Fat French Dressing
Grains	Whole Wheat Roll w/Margarine	Whole Grain Bun	Bread Slice	Whole Wheat Roll	Green Beans
Other	Black Eyed Peas		Raisins		Fruit Salad
Milk - 6 oz.	Milk	Milk	Milk	Milk	Milk
SNACK					
Grains	Jungle Crackers	Whole Wheat Roll	Saltine Crackers		Belly Bears
Milk, Fruit, Juice, Vegetables - 1/2 Cup	Applesauce	Turkey Slice w/ Mayo & Mustard	Carrots	Yogurt and Whole Apple	Milk

Pattern - Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
SUPPER						
Supper						
Meat or Alternative						
1.5 Ounces						
Vegetables 1/4 cup		Beef Stew with mixed vegetables	Chicken Nuggets	Beef Ravioli	Turkey and Cheese Sandwich	Chicken and Rice
		Brown Rice	Mashed Sweet Potatoes	Spinach Salad with Low Fat Ranch Dressing	Broccoli	Carrots
Vegetable OR Fruit 1/2 Cup		Fruit Cocktail	Lima Beans	Pears	Apple	Peaches
Bread 1/2 Slice		Cornbread	Whole Grain Bun	Italian Bread	Whole Wheat Bread	Whole Grain Roll
Other			Applesauce			
Milk - 6 oz.		Milk	Milk	Milk	Milk	Milk
SNACK						
Grains		Saltines		Bear Grahams	Cheese Crackers	Cheese-its Scrabbles
Milk, Fruit, Juice, Vegetables - 1/2 Cup		Cheese Slice	Yogurt and Mixed Fruit	Applesauce	Milk	Grape Juice

Pattern - Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
SUPPER						
Supper						
Meat or Alternative 1.5 Ounces		Breaded Chicken Patty	Veggie Burger	Turkey and Cheese Sandwich	Spaghetti and Meat Sauce	Fish Sticks
Vegetables 1/4 cup		Mashed Sweet Potatoes	Tater Tots	Green Beans	Tossed Salad with Chickpeas	Peas and Carrots
Vegetable OR Fruit 1/2 Cup		Broccoli	Fruit Cocktail	Apple	Pears	Apple Slices
Bread 1/2 Slice		Whole Grain Roll	Whole Wheat Bun	Whole Grain Bread	Garlic Bread	Corn Bread
Other		Mandarin Oranges				
Milk - 6 oz.		milk	Milk	Milk	Milk	Milk
SNACK						
Grains		Jungle Crackers	Turkey Slice and Crackers		Fruit Bars	Saltines
Milk, Fruit, Juice, Vegetables - 1/2 Cup		Milk	Blended Juice	Yogurt and Peaches	Milk	Fruit Cocktail

Pattern -- Week 4		Monday	Tuesday	Wednesday	Thursday	Friday
SUPPER						
Supper						
Meat or Alternative 1.5 Ounces		Turkey Roast with Gravy	Chicken Strips	Burrito	Tuna Salad Sandwich on Whole Wheat Bread	Pizza Pocket
Vegetables 1/4 cup		Green Peas	Mashed Potatoes	Spinach Salad with lowfat Ranch Dressing	Steamed Baby Carrots	Tossed Salad with lowfat Ranch Dressing
Vegetable OR Fruit 1/4 Cup		Sweet Potato	Green Beans	Whole Orange	Apple Wedges	Fruit Cocktail
Bread 1/4 Slice		Whole Wheat Roll	Whole Wheat Bread			Corn
Other		Mixed Fruit	Pineapple Tidbits			
Milk -- 6 oz.		Milk	Milk	Milk	Milk	Milk
SNACK						
Grains			Pita Bread	Belly Beans	Bear Grahams	Jungle Crackers
Milk, Fruit, Juice, Vegetables -- 1/4 Cup		Yogurt and Peaches	String Cheese	Milk	Blended Juice	Pears

Pattern-- Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
	SUPPER				
Supper					
Meat or Alternative 1.5 Ounces	Meatloaf with Ketchup	Black Eyed Peas	Beefaroni	Chicken and Dumplings	Barbecue Chicken
Vegetables 1/4 cup	Mashed Potatoes	Brown Rice	Peas and Carrots	Green Beans	Cole Slaw
Vegetable OR Fruit 1/4 Cup	Mixed Vegetables	Collard Greens	Apple	Cantalope	Carrots
Bread 1/4 Slice	Whole Grain Roll	Cornbread	Whole Grain Roll	Corn	Whole Grain Bun
Other	Applesauce	Pineapple tidbits			Fruit Cocktail
Milk -- 6 oz.	Milk	Milk	Milk	Milk	Milk
	SNACK				
Grains	Saltines	Cheese Crackers	Bear Grahams	Flour Tortilla	Blueberry Muffin
Milk, Fruit, Juice, Vegetables -- 1/2 Cup	Mandarin Oranges	Applesauce	Orange Juice	String Cheese	Milk