

Response to Solicitation RFP 4453-15-RD



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 2007 Palm Beach Lakes Blvd.
 West Palm Beach, FL 33409
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 Peter Lamelas, MD, CEO
pldoc@mdnow.com

North Miami Beach Office



1770 NE Miami Gardens Dr., North Miami Beach, FL 33179
 305.949.4141 Phone / 305.949.8090 Fax

Pembroke Pines Office



9650 Pines Blvd, Pembroke Pines, FL 33024
 954.885.9009 Phone / 954.885.9688 Fax

4.6 miles

7.2 miles



8.3 miles

9.2 miles

North Miami Office



12555 C Biscayne Blvd., North Miami, FL, 33181
 305.379.4442 Phone / 305.379.4446 Fax

Plantation Office



7007 W Broward Blvd., Unit #5 Plantation, FL 33317
 954.791.3636 Phone / 954.791.3130 Fax



Response to Solicitation RFP 4453-15-RD

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March 20, 2015

City of Hollywood, Florida
Solicitation # 4453-15-RD

RFP CHECKLIST

Please check each line item after the completion of the appropriate item.

I verify that the signature on page number one (1) is the signature of the person authorized to bind the agreement. (Preferably in blue ink)

I acknowledge reading and signing the Hold Harmless Statement.

I have included all information, certificates, licenses and additional documentation as required by the City in this RFP document.

I have checked for any addendums to this RFP, and will continue to check for any addendums up to the due date and time of this RFP.

I have submitted one (1) original and eight (8) copies of the entire proposal with addendums.

I have verified that the outside address label of my RFP package is clearly marked to include my company's name, address, RFP number and date of RFP opening.

I have read and completed (if applicable) the "Disclosure of Conflict of Interest".

I am aware that a Notice of Intent to award this RFP shall be posted on the City's website at www.hollywoodfl.org and on the Procurement Services bulletin board in room 303 at City Hall, and that it is my responsibility to check for this posting. Also, I have provided my email address, as the City, at its discretion, may provide me information by such means regarding this procurement process.

I have submitted all supporting documentation for local preference eligibility, which must be received with the RFP package prior to the RFP opening date and time (if applicable).

NAME OF COMPANY: MD Now Medical Centers Inc.

PROPOSER'S NAME: Peter Lamelas MD

PROPOSER'S AUTHORIZED SIGNATURE: 

DATE: 4/13/2015



April 14, 2015

Ralph Dierks
Procurement Services Division
City of Hollywood Florida
2600 Hollywood Blvd.
Hollywood, FL 33020

Dear Mr. Dierks,

Thank you for the opportunity to respond to the City of Hollywood's Solicitation **RFP 4453-15-RD**. MD Now Medical Centers, Inc. ("MD Now") appreciates the time invested in outlining the specific requirements of the program and is eager to become the provider of choice for the City of Hollywood's Occupational Health Services.

Within the attached pages, you will find detailed information on the distinct advantages of using MD Now as the occupational health services provider for the City of Hollywood employees. MD Now is certain that it can satisfy all requirements of the RFP in an efficient and professional fashion. MD Now is committed to work with the City of Hollywood to provide comprehensive medical and occupational healthcare programs for all of its employees.

Thank you once again for the opportunity to bid on the Occupational Health Services RFP for the City of Hollywood, and we certainly look forward to establishing a truly value-added business relationship. Please do not hesitate to contact me if you have any questions or concerns, wish to take a tour of our beautiful facilities, or want to meet any of our personnel.

Sincerely,

A handwritten signature in blue ink, appearing to read "Pater Lamelas", is written over the word "Sincerely,".

Pater Lamelas, MD, MBA, FACEP, FAAEP
Chief Executive Officer and Chief Medical Officer
MD Now Medical Centers, Inc.
2007 Palm Beach Lakes Blvd.
West Palm Beach, FL 33409
561.420.8555 Phone
561.420.8550 Fax
pldoc@mdnow.com
<http://www.mdnow.com>



Profile of Proposer

- a) MD Now is South Florida's largest urgent care provider with **20** locations throughout Palm Beach, Broward, and Miami-Dade counties.
 - i. Two thirds of the tri-county's nearly six million residents are within a 15 minute drive of an MD Now location.
 - ii. In addition, MD Now will be opening two new locations in May: one in Delray Beach and one in Cutler Bay and is developing another new location in Hallandale Beach.
 - iii. MD Now has been in business since 2005 and saw more than **275,000** patient visits over the last twelve months.
 - iv. All of MD Now's 20 locations (soon to be 22) are open **365** days a year from **8 AM – 8 PM**.

- b) The City of Hollywood's employees are of course welcome at any of MD Now's 20 locations (soon to be 22), and MD Now has **four** locations within **10 miles** of the City of Hollywood's offices.
 - i. MD Now's North Miami Beach location is **4.6** miles away.
 - ii. MD Now's Pembroke Pines location is **7.2** miles away.
 - iii. MD Now's North Miami location is **8.3** miles away.
 - iv. MD Now's Plantation office is **9.2** miles away.
 - v. MD Now is developing a new location in Hallandale Beach, which will be **3.2** miles from the City of Hollywood's offices.

- c) MD Now has over 400 employees including more than **75** physicians and medical providers on staff.
 - i. MD Now physicians are board certified in Emergency, Occupational, Internal, or Family Practice Medicine, with many years of training and experience in dealing with a wide range of health problems. Our professionals are dedicated to providing quality medical care and excellent customer service in a caring and respectful manner, with fair cost to employers and insurance companies. A State of Florida Licensed physician is always available at each and every MD Now location to help conduct medical examinations.
 - ii. Each and every MD Now location is readily qualified to provide the City of Hollywood with all of its current and future healthcare needs in an effort to maintain a healthy, productive and safe career for each and every employee. MD Now is armed with a wide range of resources, experience, and leadership to meet and exceed your requirements.
 - iii. MD Now Medical Centers are fully integrated Occupational Healthcare facilities and true comprehensive Medical Centers that enjoy an excellent reputation in the community.
 - iv. MD Now has been providing outstanding medical care and occupational health services since for over 10 years since 2005.
 - v. MD Now specializes in Occupational Medicine, including: DOT (CDL), Police Academy, Federal Aviation, Pre-employment, Immigration, School, Sport, Work and other Physical Exams including drug screens. MD Now offers comprehensive occupational healthcare and cost effective medical management to employees, their employers, insurance carriers and third party administrators. MD Now provides employers with all the resources needed at both MD Now clinics and the company worksite (Onsite clinics) to maintain a healthy, productive and safe workplace.



- vi. All of MD Now's 20 (soon to be 22) locations throughout Palm Beach, Broward, and Miami-Dade counties are state of the art and include procedure rooms for stitching lacerations and splinting bone fractures, a radiology department for X-ray services and other diagnostic imaging equipment as well as a laboratory for onsite lab tests like quick strep tests, pregnancy tests, tetanus shots, cholesterol tests and other blood work. Some sites provide physical therapy and ultrasound services as well as treadmill screening tests.
 - vii. MD Now also provides breathing treatments, high blood pressure stabilization, ear lavage and IV therapy.
 - viii. MD Now is set up to handle an inflow of patients both on a walk-in basis and by appointment in a professional and efficient manner, where each staff member strives to meet and exceed patient expectations and deliver a fully satisfied patient at the end of their visit.
- d) MD Now's geographic breadth combined with our clinical excellence and commitment to patient satisfaction have won us several municipal clients.
- i. School District of Palm Beach County
 - i. MD Now has been providing services to the 21,000+ employees of the Palm Beach County Schools District since 2007 including School Police.
 - ii. MD Now provides workers' compensation, Department of Transportation (DOT) physicals, environmental physicals, police physicals, pre-employment, post-accident, and random drug screening, blood alcohol testing, vaccinations, and fit for duty evaluations.
 - iii. Contact information: Karen L. Adduci, Purchasing Agent III, 561.434.8308 phone; karen.adducci@palmbeachschools.org
 - ii. City of Boynton Beach
 - i. MD Now has been providing services to the 800+ City of Boynton Beach employees since 2011 including Police and Fire Rescue.
 - ii. MD Now provides pre-employment screening, occupational medicine, general work physicals, fire and police physicals, workers' compensation, drug and alcohol screening as well as vaccines and immunizations.
 - iii. Contact Information: Chief Ray Carter, CFO, EFO, Director of Fire and Rescue Services, 561.742.6329 phone; carterr@ci.boynton-beach.fl.us



- iii. Village of Wellington
 - i. MD Now has been providing employee health services to the Village of Wellington's 350+ employees since 2011.
 - ii. MD Now provides a dedicated primary care office at both our Royal Palm Beach and Green Acres locations for City of Wellington employees to make appointments and be seen within 24 hours.
 - iii. In addition, all Village of Wellington employees and their dependents are able to utilize any of MD Now's 20 locations (soon to be 22) for urgent care walk-in visits at reduced pricing.
 - iv. MD Now also provides workers' compensation, pre-employment screening, and post-accident follow-up services to the Village of Wellington employees.
 - v. Contact information: Kim Gibbons, HR Director, 561.791.4063 phone; kgibbons@wellingtonfl.com

 - iv. Solid Waste Authority
 - i. MD Now has been providing continuous services to the 400+ employees of Solid Waste Authority (SWA) since 2009.
 - ii. MD Now provides hazardous materials (HAZMAT) physicals, DOT physicals, pre-employment physicals, workers' compensation services, annual wellness screening, drug screening, blood analysis, and breath alcohol testing.
 - iii. Contact information: Beth Wininger, Director, Risk Management and Safety, 561.640.4000 extension 4406 phone; bwininger@swa.org
- e) MD Now has never been involved in any litigation on our performance on any municipal contract.



Summary of Proposer's Qualifications

- a) **Peter Lamelas, MD, MBA, FACEP, FAAEP** is MD Now's Chief Executive Officer and Chief Medical Officer. Dr. Lamelas has been practicing medicine for more than 30 years. He served as Medical Director of Emergency Medicine at Columbia Hospital of the Palm Beaches for over seventeen years and was on staff at five local hospitals, including Bethesda Memorial, Wellington Regional, St. Mary's Hospital and Palm Beach Gardens Medical Center. He was the Medical Director for the Riviera Beach Fire Rescue/EMS services for more than 15 years as well as the Medical Director of West Palm Beach Fire Rescue Pension Board. In 2001, he was selected as one of twelve physicians in the state to serve on the Florida Board of Medicine, appointed by Governor Jeb Bush, and was elected Vice Chairman of the Board as well as Rules and Quality and Assurance Committee Chair. He has extensive Occupational Medicine experience and has lived in Palm Beach County since graduating High School here in 1976. He is supported by a deeply experienced clinical, administrative, and corporate staff of more than 400 dedicated, hard-working and experienced individuals. Please see pages 23-26 for Dr. Lamelas' CV.
- i. **Laurie Kardon, MD, MPH;** MD Now Occupational Health Physician Director has been MD Now for over 9 years, is also available to deal with any day to day issues that may come up and provide ongoing medical direction. Please see pages 27-33 for Dr. Kardon's CV.
 - ii. **Alexander Volkov, MD;** MD Now Medical Director for our Pembroke Pines facility is responsible to supervise this facility and see and evaluate patients that present there. Please see attached page 34 for Dr. Volkov's CV.
 - iii. **Nicole Martinez;** Office Manager MD Now Urgent Care will be the Administrative Project Manager responsible for any daily administrative requirements. She is the Office Manager of our Pembroke Pines site and has been with MD Now for almost 6 years, moving up the ranks and serving as Assistant Manager and Office Manager and has been at Pembroke Pines for more than a year.
 - iv. **Latora Thomas, RT;** Clinical Supervisor MD Now Urgent Care will be the Clinical Project Manager responsible for any daily clinical requirements. She is the Clinical Supervisor of our Pembroke Pines site and has been with MD Now almost 2 years.
 - v. **Jessica Maldonado, EMT;** Clinical Supervisor, will be the Hollywood Project Team Leader responsible to implement this contract and coordinate its startup with the Project Managers above. Jessica is the Project Manager for the Boynton Beach Fire Rescue Contract since it was awarded over 3 years ago. She has been with MD Now for over 8 years and has extensive experience with managing the City of Boynton Contract which is very similar to the Hollywood RFP.



- b) MD Now, its staff and physicians are experienced in providing “Occupational Healthcare” in South Florida since we opened for business in 2005. We have been providing Police, Fire, HAZMAT, Employee and Pre-employment physical exams, EKG’s, Digital X-Rays, blood testing, drug screening and more. We always have a licensed physician at every location every day and board/eligible certified in Emergency, Occupational, Internal, or Family Practice Medicine, with years of training and experience in dealing with a wide range of health problems.
- i. Each and every MD Now location has a physician on site at all times, and some of the busier locations will also have a second physician, physician assistant, or a nurse practitioner on site as well.
 - ii. All MD Now locations have a dedicated Clinical Supervisor and Office Manager, all of whom have been with MD Now for more than two years and are dedicated to providing patients with a great experience.
 - iii. MD Now’s clinical support staff are all certified medical assistants, radiologic technologists, licensed practical nurses, and/or registered nurses who undergo extensive training at MD Now before they work directly with patients or employees.
 - iv. All MD Now locations are licensed by the state of Florida’s Agency for Healthcare Administration (AHCA).
 - v. MD Now is the first and only urgent care center to be both Certified and Accredited by the Urgent Care Association of America (<http://www.UCAOA.org>)
 - vi. MD Now Medical Centers offer the benefit of convenience as your employees can be seen and evaluated (and if needed even treated) for a variety of medical needs including physical exams, testing, X-Rays, EKG’s, drug screens, for a wide variety of occupational medical requirements. We also have the capability to see and treat many injuries, and illnesses in less than one hour.
 - vii. MD Now has several contracts with municipalities for similar range of services as noted in this proposal. To mention just a few, **City of Boynton Beach, City of Wellington, Palm Beach County Solid Waste Authority, Palm Beach County School District.** We also have over **nine hundred (900) Corporate Accounts** with private and public companies, as well as other governmental agencies, municipalities and organizations to provide similar occupational healthcare services, at any and all of our locations throughout South Florida, 7 days a week, 365 days a year from 8 am until 8 pm.



- c) As the Chief Medical Officer, Dr. Peter Lamelas is responsible for the recruitment, hiring, and clinical practices of all of MD Now's physicians, physician assistants, and nurse practitioners.
 - i. Dr. Laurie Kardon will have direct clinical supervisory responsibility and work along with Dr. Volkov and our team of physicians and medical providers to take care of the city employees.
 - ii. Jessica Maldonado, EMT will work to implement this project as the Team Leader and both Nicole Martinez and Latora Thomas, RT will be Project Managers for this contract.
 - iii. We would suggest that the city utilize our Pembroke Pines facility and have the majority of their employees seen and evaluated at our Pembroke Pines center.
 - iv. However we can easily arrange for any one of the city employees to be seen and evaluated or have specific testing (Drug Screens, PPD's etc) at any of our other nearby offices as requested, if that is more convenient.
 - v. Our Corporate and Billing Offices in West Palm Beach will provide any administrative support service that maybe needed, however our centers are very self-sufficient and capable of handling most issues that may arise.

- d) MD Now requests that the City of Hollywood provide us with a point of contact for the following issues.
 - i. Scheduling of patient appointments
 - ii. Receipt of Lab and other diagnostic testing results
 - iii. Billing and accounts receivable issues

FEE STRUCTURE**A. PRE-PLACEMENT PHYSICALS**

Note: The undersigned proposer will provide, on the specified forms, all of the specified examinations, services, and reports for the following at the stated firm unit price.

	Est. Annual Qty.	Description	Unit Cost	Est. Annual Cost
1.	45	Group I-A - Police Officers, including urine drug & nicotine screen, regular work hours Monday through Friday	\$ <u>270</u> ⁰⁰	\$ <u>12,150</u> ⁰⁰
2.	25	Group I-B - Firefighters, including urine drug & nicotine screen, regular work hours Monday through Friday	\$ <u>270</u> ⁰⁰	\$ <u>6,750</u> ⁰⁰
3.	60	Group II - Applicants, as stated herein, regular work hours, Monday through Friday	\$ <u>165</u> ⁰⁰	\$ <u>9,900</u> ⁰⁰
4.	50	Group III - Applicants, as stated herein, regular work hours, Monday through Friday	\$ <u>125</u> ⁰⁰	\$ <u>6,250</u> ⁰⁰
5.	20	Group IV - Applicants, as stated herein, regular work hours, Monday through Friday	\$ <u>125</u> ⁰⁰	\$ <u>2,500</u> ⁰⁰
6.	30	Drug Screen Only	\$ <u>40</u> ⁰⁰	\$ <u>1,200</u> ⁰⁰
TOTAL COST OF SERVICES - ITEM A				\$ <u>38,750</u> ⁰⁰

The City of Hollywood does not warrant or guarantee either a minimum or maximum number of pre-employment physicals that will be conducted for any Group I, II, III or IV during any twelve (12) month period.

FEE STRUCTURE

B. Hazardous Materials (Haz Mat) Team Physicals

Note: The undersigned proposer will provide, on the specified forms, all of the specified examinations, services, and reports for the following at the stated firm unit price.

	Est. Annual Qty.	Description	Unit Cost	Est. Annual Cost
1.	25	Complete HAZ Mat Physicals	\$ 595 ⁰⁰	\$ 14,875 ⁰⁰ / _{xx}
		TOTAL COST OF SERVICES – ITEM B		\$ 14,875 ⁰⁰ / _{xx}
		GRAND TOTAL – ITEMS A AND B		\$ 53,625 ⁰⁰ / _{xx}

FEE STRUCTURE

ADDITIONAL SERVICES – AS NEEDED

(Prices for additional services will not be considered in the evaluation process)

	Description	Unit Cost
1.	Tetanus/Diphtheria Vaccination	\$ 50 ⁰⁰
2.	Tuberculosis Test	\$ 25 ⁰⁰
3.	Tuberculosis Positive Testing including follow-up x-ray	\$ 80 ⁰⁰
4.	Hepatitis A Vaccination (scheduled)	\$ 90 ⁰⁰
5.	Hepatitis B Vaccination	\$ 80 ⁰⁰
6.	Hepatitis B Antigen Testing	\$ 35 ⁰⁰
7.	Hepatitis C Test	\$ 35 ⁰⁰
8.	HIV Testing	\$ 65 ⁰⁰
9.	Diphtheria	\$ 50 ⁰⁰

*Includes all other ancillary services or tests that may be a part of infectious disease service.

City of Hollywood & MD Now Medical Centers Proposal – April 14th 2015

1) Additional Services – As Needed (prices for additional services will not be considered in the evaluation process) see “Fee Structure,” attachment to proposal

2) Other Additional or Optional Services (as maybe requested)

- **DOT Examination** (DOT certified examiner) - \$100.00
- **Fit Assessment** - \$65.00 - \$95.00
- **Fit for Duty Medical Exam** (99203) - \$165.00
- **Fit for Duty Medical Exam** (99204) - \$250.00
- **Full Cardiac Stress Testing, Echo Stress & Nuclear Stress Testing** (as clinically indicated) can be provided off-site under Cardiologist direction/over-read, at discounted pricing (or through insurance, if applicable). These referrals would be for significantly abnormal EKG's and/or symptoms/risk factors of significant heart disease. As/if requested we can provide routine screening Treadmill/Stress for Firefighters that are Asymptomatic (according to **NFPA 1582** Standards on Comprehensive Occupational Medical Programs for Fire Departments, using Bruce/Cooper Protocols). Any in-house screening Treadmill should be discontinued immediately if, significant/abnormal EKG, acutely abnormal blood pressure response and/or cardiac symptoms and an immediate referral will be made to a Cardiologist, or higher acuity cardiac facility, depending presentation.
- **PSA Blood testing** (is included in proposal for men over 40 years as indicated) Optional - \$25.00
- **Rapid 5 panel Urine Drug Testing with MRO** - \$38.00
- **DOT approved 10 panel Urine Drug Testing with MRO** - \$40.00
- **Breath Alcohol Testing** (BAT certified examiner) - \$50.00
- **Lead testing** - \$25.00
- **Hepatitis A Antibody** - \$35.00
- **Hepatitis B Surface Antibody** - \$35.00
- **Additional Evaluations/Exams and Testing provided as requested.**



Project Understanding, Proposed Approach, and Methodology

- a) MD Now will work collaboratively with the City of Hollywood to serve its employees in the most efficient and effective manner.
- b) MD Now is prepared to immediately provide all of the occupational health services that the City of Hollywood has requested including (but not limited to) the following.
 - a. Police Officer screening and physicals
 - b. Firefighter screening and physicals
 - c. Other employee screening and physicals
 - d. Drug screening
 - e. Haz mat physicals
 - f. Vaccinations
 - g. Hepatitis C and HIV testing
- c) MD Now is also able to provide workers compensation, employee wellness, and any other urgent care services that they City of Hollywood might need.
- d) MD Now's project team will work with the City of Hollywood in as quick a timeframe as necessary in order to implement this project and ensure excellent occupation health services for the City's employees.
- e) After being awarded the contract we propose a formal meeting with the City to discuss the implementation plan.
 - a. Based on MD Now's extensive knowledge and experience with these types of contracts we would recommend no less than a two week period to put this project in motion.

City of Hollywood, Florida

Bid RFP-4453-15-RD

March 20, 2015

City of Hollywood, Florida
Solicitation # 4453-15-RD

REFERENCE QUESTIONNAIRE

It is the responsibility of the contractor/vendor to provide a minimum of three (3) similar type references using this form and to provide this information with your submission. Failure to do so may result in the rejection of your submission.

Giving reference for: MD NowFirm giving Reference: School District of Palm Beach CountyAddress: Purchasing Dept. 3300 Forest Hill Blvd. WPB, FL 33406Phone: 561-434-8308Fax: NAEmail: Karen.adducci@palmbeachschools.org

1. Q: What was the dollar value of the contract?

A: \$320,000

2. Have there been any change orders, and if so, how many?

A: NO

3. Q: Did they perform on a timely basis as required by the agreement?

A: Yes

4. Q: Was the project manager easy to get in contact with?

A: Yes

5. Q: Would you use them again?

A: Yes

6. Q: Overall, what would you rate their performance? (Scale from 1-5)

A: 5 Excellent 4 Good 3 Fair 2 Poor 1 Unacceptable

7. Q: Is there anything else we should know, that we have not asked?

A: Staff at all their locations are professional and knowledgeable.

The undersigned does hereby certify that the foregoing and subsequent statements are true and correct and are made independently, free from vendor interference/collusion.

Name: Karen Adducci Title: Purchasing Agent IIISignature: Karen Adducci Date: 4/10/15

March 20, 2015

City of Hollywood, Florida
Solicitation # 4453-15-RD

REFERENCE QUESTIONNAIRE

It is the responsibility of the contractor/vendor to provide a minimum of three (3) similar type references using this form and to provide this information with your submission. Failure to do so may result in the rejection of your submission.

Giving reference for: MD NOWFirm giving Reference: BOYNTON BEACH FIRE RESCUE DEPT.Address: 2080 HIGH RIDGE RD.Phone: 561-742-6329Fax: 561-742-6334Email: carterr@bbfl.us

1. Q: What was the dollar value of the contract?

A: \$70,000

2. Have there been any change orders, and if so, how many?

A: NONE

3. Q: Did they perform on a timely basis as required by the agreement?

A: VERY RESPONSIVE TO THE TIMELINE REQUIREMENTS

4. Q: Was the project manager easy to get in contact with?

A: ALWAYS AVAILABLE AND RESPONDING TO VOICE & EMAIL

5. Q: Would you use them again?

A: YES

6. Q: Overall, what would you rate their performance? (Scale from 1-5)

A: 5 Excellent 4 Good 3 Fair 2 Poor 1 Unacceptable

7. Q: Is there anything else we should know, that we have not asked?

A: EXCELLENT VENDOR TO WORK WITH

The undersigned does hereby certify that the foregoing and subsequent statements are true and correct and are made independently, free from vendor interference/collusion.

Name: RAY CARTER Title: FIRE CHIEFSignature: [Handwritten Signature] Date: 4/10/15

March 20, 2015

City of Hollywood, Florida
Solicitation # 4453-15-RD

REFERENCE QUESTIONNAIRE

It is the responsibility of the contractor/vendor to provide a minimum of three (3) similar type references using this form and to provide this information with your submission. Failure to do so may result in the rejection of your submission.

Giving reference for: MD Now Urgent/Whik in Medical Center
 Firm giving Reference: Solid Waste Authority of Palm Beach County
 Address: 7501 NO JOLY ROAD. West Palm Beach FL 33412
 Phone: 561 640-4000
 Fax: 561 640-3400
 Email: jdawyer@swa.org

1. Q: What was the dollar value of the contract?
A: 29,580.
2. Have there been any change orders, and if so, how many?
A: NO
3. Q: Did they perform on a timely basis as required by the agreement?
A: YES
4. Q: Was the project manager easy to get in contact with?
A: NOT APPLICABLE
5. Q: Would you use them again?
A: YES
6. Q: Overall, what would you rate their performance? (Scale from 1-5)
A: 5 Excellent 4 Good 3 Fair 2 Poor 1 Unacceptable
7. Q: Is there anything else we should know, that we have not asked?
A: NO

The undersigned does hereby certify that the foregoing and subsequent statements are true and correct and are made independently, free from vendor interference/collusion.

Name: Julie Dawyer Title: Benefits Manager
 Signature: Julie Dawyer Date: April 13, 2015

LOCATIONS

PALM BEACH

Boca Raton

7035 Beracasa Way, Suite 105
561.361.1515

Boynton Beach

2272 North Congress Avenue
561.737.1927

Greenacres / Palm Springs

6868 Forest Hill Boulevard
561.967.8771

Lake Worth

4570 Lantana Road
561.963.9881

Palm Beach Gardens

9060 North Military Trail
561.622.2442

Royal Palm Beach

11551 Southern Boulevard, Suite 4
561.798.9411

West Boynton Beach

6699 West Boynton Beach Boulevard
561.734.4210

West Palm Beach

2007 Palm Beach Lakes Boulevard
561.688.5808

Delray Beach (opening early 2015)

601 Linton Boulevard
561.276.2270

BROWARD

Cypress Creek / Fort Lauderdale

6300 North Andrews Avenue
954.492.2035

Deerfield Beach

4036 West Hillsboro Boulevard
954.428.3880

Lighthouse Point

2502 North Federal Highway
954.943.3880

Margate

3470 Northwest 62nd Avenue
954.972.6868

North Fort Lauderdale

5216 North Federal Highway
954.958.5858

Parkland / Coral Springs

6240 Coral Ridge Drive
954.340.6898

Pembroke Pines

9650 Pines Boulevard
954.885.9009

Plantation

7007 West Broward Boulevard
954.791.3636

Sunrise

10081 West Oakland Park Boulevard
954.578.6858

MIAMI-DADE

North Miami

12555 Biscayne Boulevard
305.379.4442

North Miami Beach / Skylake

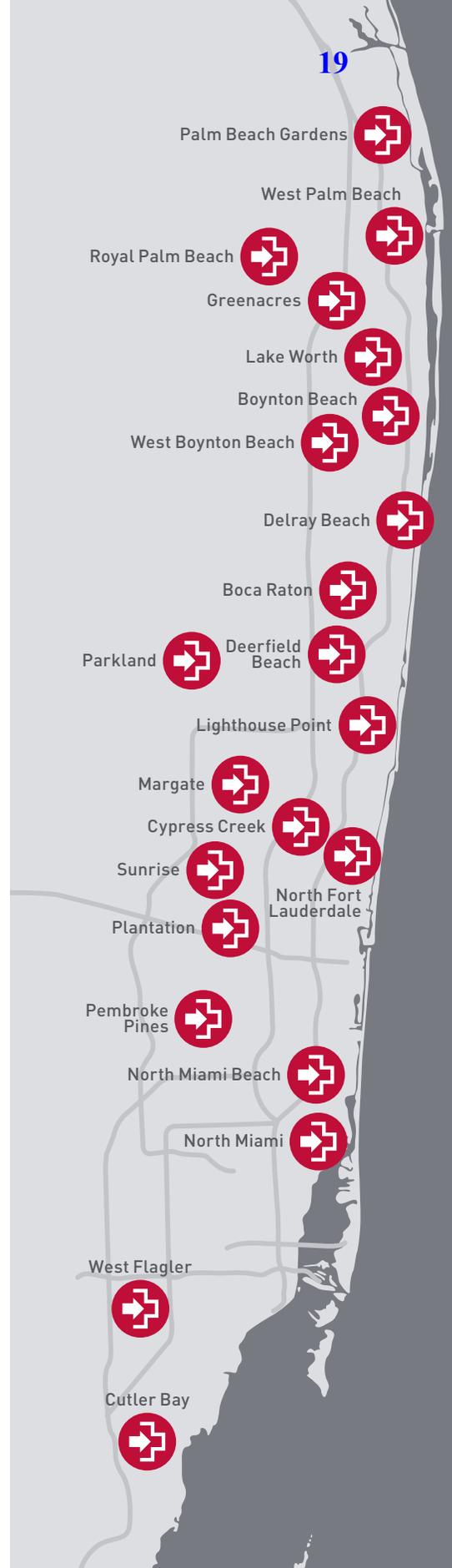
1770 NE Miami Gardens Drive
305.949.4141

Cutler Bay (opening early 2015)

18851 South Dixie Highway
305.255.7797

West Flagler

9971 West Flagler Street, Suite B240
305.222.8335



FOR DIRECTIONS, VISIT MDNOW.COM/LOCATIONS

WALK-IN | OPEN 365 DAYS | FROM 8AM-8PM

 **MD NOW**
URGENT CARE



PALM BEACH COUNTY

Boca Raton

7035 Beracasa Way, Suite 105
561.361.1515

Boynton Beach

2272 North Congress Avenue
561.737.1927

Greenacres / Palm Springs

6868 Forest Hill Boulevard
561.967.8771

Lake Worth

4570 Lantana Road
561.963.9881

Palm Beach Gardens

9060 North Military Trail
561.622.2442

Royal Palm Beach

11551 Southern Boulevard, Suite 4
561.798.9411

West Boynton Beach

6699 West Boynton Beach Boulevard
561.734.4210

West Palm Beach

2007 Palm Beach Lakes Boulevard
561.688.5808

Coming Soon:

Delray Beach

601 Linton Boulevard
561.276.2270

On behalf of all the staff and management of MD Now Urgent Care centers, thank you for your patronage!

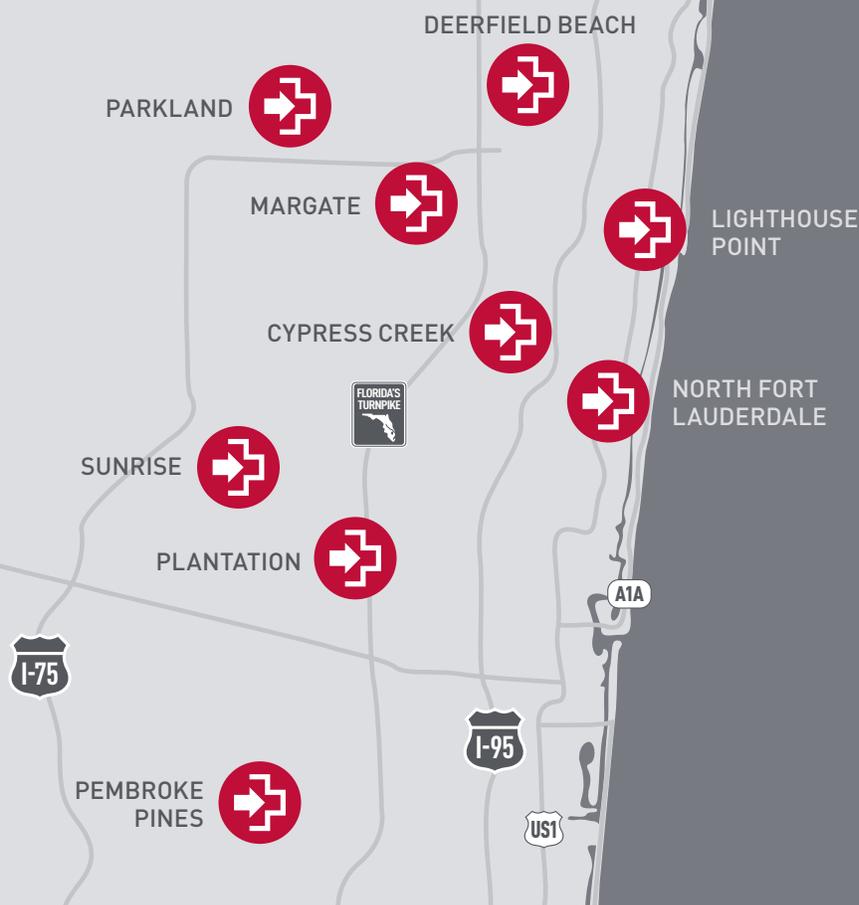
How was your experience? Email feedback@mymdnow.com

For additional information on MD Now Urgent Care centers, please call **1.888.MDNOW911**

For directions or to see all of our 22 locations across Palm Beach, Broward and Miami-Dade counties, visit **MDNOW.COM/LOCATIONS**

f WALK-IN URGENT CARE | OPEN 365 DAYS | FROM 8 AM - 8 PM





BROWARD COUNTY

Cypress Creek/Ft. Lauderdale

6300 North Andrews Avenue
954.492.2035

Deerfield Beach

4036 West Hillsboro Boulevard
954.428.3880

Lighthouse Point

2502 North Federal Highway
954.943.3880

Margate

3470 Northwest 62nd Avenue
954.972.6868

North Ft. Lauderdale

5216 North Federal Highway
954.958.5858

Parkland/Coral Springs

6240 Coral Ridge Drive
954.340.6898

Pembroke Pines

9650 Pines Boulevard
954.885.9009

Plantation

7007 West Broward Boulevard
954.791.3636

Sunrise

10081 West Oakland Park Boulevard
954.578.6858

On behalf of all the staff and management of MD Now Urgent Care centers, thank you for your patronage!

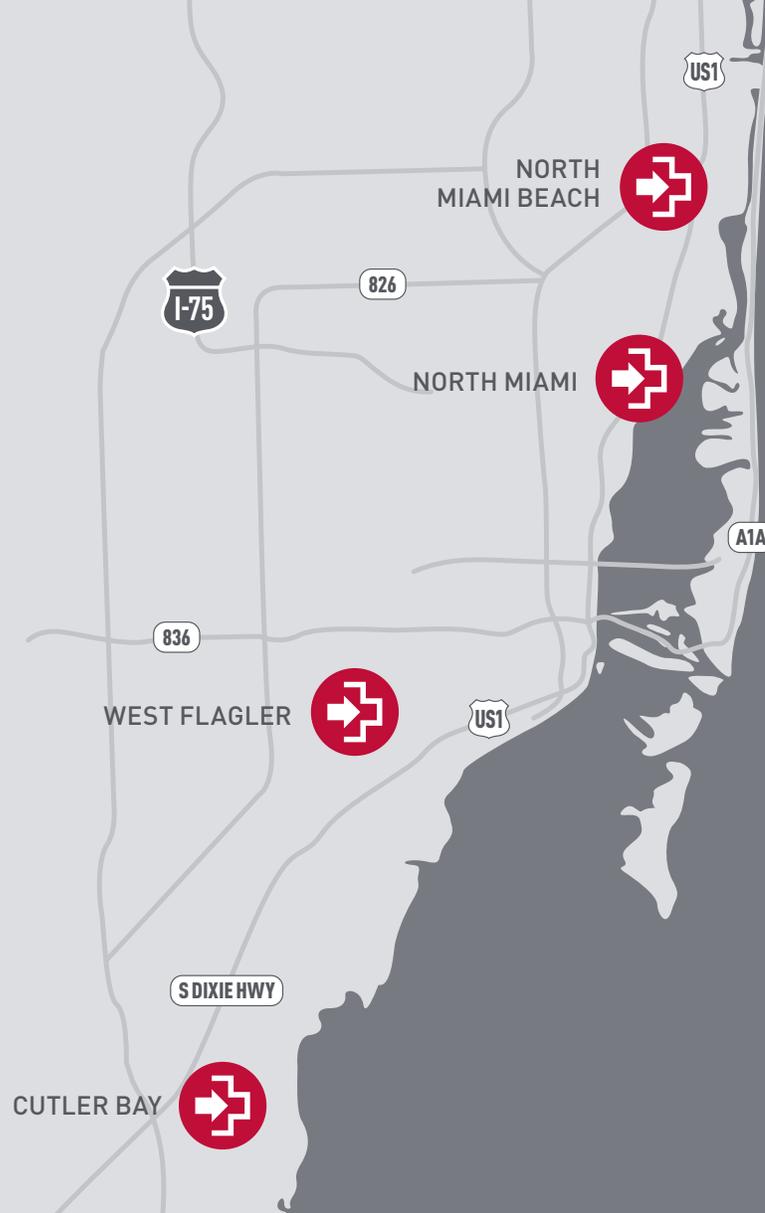
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MIAMI-DADE COUNTY

North Miami

12555 Biscayne Boulevard
305.379.4442

North Miami Beach / Skylake

1770 NE Miami Gardens Drive
305.949.4141

Cutler Bay (opening early 2015)

18851 South Dixie Highway
305.255.7797

West Flagler

9971 West Flagler Street, Ste. B 240
305.222.8335

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f WALK-IN URGENT CARE | OPEN 365 DAYS | FROM 8 AM - 8 PM



Peter Lamelas, MD, MBA, FACEP, FAAEP

65 Spoonbill Road, Manalapan, Florida 33462-4752

Office: 561.420.8555 Cell: 561.685.4425

pldoc@mdnow.com

PERSONAL DATA

Date of Birth: December 27, 1958

Citizenship: United States

Married: Wife Stephanie

CURRENT LICENSURE

State of Florida Permanent License to Practice Medicine & Surgery

SPECIALTY BOARDS

Board of Certification in Emergency Medicine (BCEM) Board Certified (AAPS)

American Board of Internal Medicine (ABIM) Board Eligible (ABMS)

American Board of QA/UR Physicians (ABQAURP) – Past Certification

American Board of Medical Management - Certified (ABMM)

GUBENATORIAL BOARD APPOINTMENT

Board Member, State of Florida Board of Medicine

Florida Department of Health - 01/2001 to 01/2005

URGENT CARE MEDICINE

06/04 – Present

Chief Executive Officer, Chief Medical Officer
MD Now Medical Centers, Inc.

04/08 – 05/2014

Elected Board of Directors
Urgent Care Association of America (UCAOA)

EMERGENCY MEDICINE

10/87 - 05/03

Medical Director, Emergency Department, Columbia Hospital, West Palm Beach, Florida; EMSA / Inphynet – Team Health

8/90 - PRESENT

Emergency Physician/Medical Staff Physician, Palm Beach Gardens Medical Center, Florida

9/03 – 03/09

Emergency Physician/Medical Staff Physician, Bethesda Hospital, Boynton Beach, Florida

12/01 – 12/05

Emergency Physician/Medical Staff Physician, Wellington Regional Hospital, Wellington, Florida

11/87 – 10/14

Emergency Physician/Medical Staff Physician, Columbia Hospital West Palm Beach, Florida

- 7/86 - 10/87 Director, Department of Emergency Medicine &
Director of House Staff Physicians
Norwegian-American Hospital, Chicago, Illinois
- 7/85 - 6/86 Emergency Physician
Norwegian-American Hospital, Chicago, Illinois

ADDITIONAL EMERGENCY MEDICINE EXPERIENCE

- 7/84 - 6/85 Emergency Physician University of Connecticut Health Center E.D. Farmington, CT & St.
Francis Medical Center, Hartford, Connecticut
- 8/81 - 7/82 St. Mary's Hospital, West Palm Beach, Florida
Emergency Medicine, Student Clerkship Experience

EDUCATION

- 08/93 **Masters of Business Administration (M.B.A.)**
Nova University School of Business and Entrepreneurship
Fort Lauderdale, Florida
- 4/78 - 9/81 **Degree: Doctor of Medicine (M.D.)**
Universidad Central del Este School of Medicine
S.P.M. Dominican Republic
- 9/76 - 4/78 Palm Beach Community College
Lake Worth, Florida; Curriculum: Pre-Medicine

RESIDENCY PROGRAMS

- 7/85 - 6/86 St. Francis Hospital, Evanston, Illinois
Affiliate of Loyola University Medical Center
Internal Medicine Residency Program (PGY-3)
- 7/83 - 6/85 University of Connecticut Health Center
Farmington, Connecticut
Internal Medicine Residency Program
Carney Hospital, Boston, Massachusetts
Internal Medicine Residency Program
- 7/82 - 6/83 Franklin Hospital, Franklin, Pennsylvania
Family Practice Residency

EMERGENCY MEDICAL SERVICES

- 10/89 **Medical Director, City of Riviera Beach Fire Rescue/EMS**
- 2007 Riviera Beach, Florida

CONSULTANT SERVICES

- 6/96 **Medical Director Consultant**
- 2007 **West Palm Beach Fire-EMS Department, Pension Board**

TEACHING

Inter. & Continuous 12/87 - PRESENT	Faculty Appointment, Clinical Instructor Emergency Medicine Nova Southeastern University College of Medicine
6/96 - PRESENT 10/87 - 7/92	ED Director and Instructor, Emergency Medicine Columbia Hospital, Internship Program & Student Rotations
7/86 -10/87	Director, Instructor, Emergency Medicine Hospital Based Internal Medicine Clerkship, Norwegian-American Hospital
7/85 - 6/86	Paramedic Training Program Instructor St. Francis Hospital, Evanston, Illinois

OCCUPATIONAL MEDICINE

10/87 - 05/03	Medical Director ED Workers Comp Program Columbia Hospital, West Palm Beach, Florida
7/85 - 10/87	Medical Director Occupational Medicine (Healthworks) Norwegian-American Hospital, Chicago, Illinois

CORRECTIONAL HEALTHCARE

Past-	Vice President Chief Medical Officer, Correctional Healthcare Advantage (Parent Company- Inphynet/Team Health)
Past-	Independent Correctional Healthcare, EMS, Risk Management, Medical/Legal Consultant
10/95 — 1/98	Corporate Medical Director/Senior Physician Advisor EMSA Correctional Care Utilization/Risk Management
2/91 - 12/95	Regional Director EMSA Correctional Care Palm Beach County Detention Center Main Jail, Stockade, Lockup and Drug Farm

CERTIFICATIONS

Certified Aviation Medical Examiner, AME,
Federal Aviation Administration
Certified US Civil Surgeon
US Immigration and Naturalization Services
Florida Worker's Compensation Certified Physician
Advanced Cardiac Life Support
Advanced Trauma Life Support
Advanced Pediatric Life Support
Past CCHP (Certified Correctional Healthcare Professional) NCCHC

COMMITTEES

Florida Board of Medicine, Chairman of Rules, Legislative, & Quality Assurance Committees
 Palm Beach Medical Society; EMS Committee; EMS Medical Directors Association (Palm Beach County)
 Medical Executive Committee Member & Past Chairman Utilization Review Committee, Columbia Hospital
 Florida Committee on State Sponsored Trauma Centers (Past Governors Appointee)
 ACEP Trauma/EMS Committee (90-92)
 Physician Representative - Physician Consortium on Substance Abuse Education, U.S. Dept. of Health and Human Services
 FMA Correctional Care Medical Advisory Committee

7/95-11/98

Town of Manalapan - Commissioner, ARCOM

11/98- 1/01

Town of Manalapan - Town Commissioner**SPECIALTY SOCIETIES and ASSOCIATIONS**

Fellow of American College of Emergency Physicians, FACEP
 Chairman- Certification Process/ Credentialing Section ('94-'96)

Section Affairs Committee Representative ('93-'94) & Counselor (93-'96)
 Board Examiner - Board of Certification Emergency Medicine, BCEM
 American Association of Physician Specialists, AAPS

Urgent Care Association of America (UCAOA)
 North American Association for Ambulatory Urgent Care (NAFAC)
 Palm Beach County Medical Society/Florida Medical Association
 President - Society of Correctional Physicians (SCP) ('95 TO '97)
 President-Elect and Charter Member Society of Correctional Physicians ('93 - '95)
 President-Elect Latin American Medical Association ('91 - '93)
 Florida Association of EMS Physicians

ORGANIZATIONS

Board Chairman, Hispanic Cultural Arts Association of Palm Beach County
 President Hispanic-American Republican Committee ('94-96)
 Palm Beach County Republican Executive Committee

OTHER

Created, produced and hosted FOX Television Pilot "Emergency Live!", which aired on television July 1996.

Laurie A. Kardon, M.D., M.P.H

CURRICULUM VITAE

Date of Birth: April 14, 1956
 Place of Birth: Philadelphia, Pennsylvania
 Citizenship: United States

Residence: 5276 NW 20th Avenue
 Boca Raton, FL 33496
 Telephone: (561) 999-9568

E-mail: Lkardon@comcast.net

Graduate Education:

Resident in Occupational Medicine August, 2000 - December, 2001
 University of Pittsburgh, Pittsburgh, PA

Masters Degree in Public Health (M.P.H.) June, 1999 – August, 2000
 Graduate School of Public Health
 University of Pittsburgh, Pittsburgh, PA
 Thesis: “Financing Healthcare for the Amish”

Resident, Thoracic Surgery July, 1991 – December, 1992
 Allegheny General Hospital
 Pittsburgh, PA

Chief Resident in General Surgery July, 1990—June, 1991
 The George Washington University Hospital
 Washington, DC

Resident in General Surgery July, 1987—June, 1990
 The George Washington University Hospital
 Washington, DC

Resident in General Surgery July, 1985 — June, 1987
 University of Florida - Jacksonville
 Jacksonville, FL.

Medical School: Hahnemann University
 Philadelphia, PA
 Degree: M.D. - May, 1985

Undergraduate: The Pennsylvania State University State College, PA.
 Degree: B.S. Biology - November, 1977

Laurie A. Kardon, M.D., M.P.H. - Page two

Current Employment:

Medical Director, US Healthworks Corporation – Sept 2006 – April 2008

1100 West Commercial Boulevard, Suite 120

Fort Lauderdale, FL 33309

Telephone: 954-564-2592

Facsimile: 954-564-2705

-Provide the occupational medical services and preventive health examinations for employees of multiple local municipalities (including law enforcement and firefighter personnel), employees of Broward County, the State of Florida and the Federal Government, as well as employees in a variety of private industry (including those employed in the manufacturing, aviation, commercial diving, chemical, pesticide and service industries).

-Provide the medical certification for air traffic control specialists and pilots in all class groups (private, commercial, and air transport) as a Senior Medical Examiner for the FAA.

- Provide the medical certification for the Department of Justice/U.S. Immigration Services for immigrants seeking U.S. citizenship as a certified Civil Surgeon

- Provide the medical certification for commercial divers as the only certified Diving Medical Examiner in S.E. Florida

- Responsible for the development and update of all general Clinic policies, procedures and protocols; all specific medical protocols relevant to employees in the industries specified above, including blood-borne pathogen exposure protocols and appropriate interim/annual health evaluation protocols pertinent to workplace exposures.

- Additional administrative tasks, including the training, direction and supervision of the medical staff

Medical Director/Staff Physician, COACHComp America; Jan 2002–Aug 2006

Department of Occupational and Environmental Health and Medicine

Wellington Regional Medical Center, West Palm Beach, Florida

400 North Congress Avenue, Suite 110

West Palm Beach, FL 33401 (Main Office)

- Provided similar health care services and administrative tasks as listed above

- Secured contracts for the Clinics that represented close to 60% of revenue

Staff Physician, MD Now Medical Centers, Inc. - July 2006 – present

4570 Lantana Road, Lake Worth, FL 33463

11551 Southern Boulevard, Suite 4, Royal Palm Beach, FL 33411

7035 Beracasa Way, Suite 105, Boca Raton, FL 33433

Laurie A. Kardon, M.D., M.P.H – Page three

Certification and Licensure:

Board Certified, Occupational Medicine	
The American Board of Preventive Medicine	2002
Board Certified, American Board of Independent	2004
Medical Examiners	
Certified, Diving Medical Examiner by The	2003
Undersea and Hyperbaric Medical Society	
Certified, Senior Aviation Medical Examiner	2003
Federal Aviation Administration	
Certified, Air Traffic Control Specialist Examiner	2003
Federal Aviation Administration	
Certified, Civil Surgeon, US Immigration Services	2003
Certified, Medial Review Officer	2002
American Association of Medical Review Officers	
Diplomat, National Board of Medical Examiners	1986

Medical Licensure:

Pennsylvania	MD045315L	1991-present
Hawaii	MD8364	1993-present
Florida	ME66557	1994-present
Controlled Substances	DEA BK3340318	1991-present

Memberships:

Member, American Lung Association of Florida (ALAF) Professional Education and Research Committee (PERC) – responsibilities include:

- promote participation of qualified professionals in pulmonary education programs and in pulmonary-related research
- receive research applications and make priority recommendations to the Board of Directors for funding
- review and respond to requests from ALA/American Thoracic Society (ATS) on matters of research funding, review ALAF research materials
- study long-range needs related to lung research and make recommendations to the Board of Directors
- promote, plan, produce, participate and evaluate Continuing Medical Education programs presented by ALAF and its medical section, the Florida Thoracic Society

Laurie A. Kardon, M.D., M.P.H. – Page four

Memberships, continued

Member, Undersea and Hyperbaric Medical Society
Member, Civil Aviation Medical Association
Member, American College of Preventive Medicine
Member, American College of Occupational and Environmental Medicine
Member, Florida Thoracic Society
Member, Florida Society for Critical Care Medicine
Member, Palm Beach County Medical Society
Member, Florida Medical Association
Member, American Medical Association
Lifetime Member, Alumni Association, The Pennsylvania State University
Member, Divers Alert Network, Duke University

Previous Employment:

Teaching Responsibilities:

Principles of Toxicology (Environmental and Occupational Health 2175)
Graduate School of Public Health, University of Pittsburgh, Pittsburgh, PA
Instructor/lecturer on multiple topics in this 3-credit post-graduate/graduate level semester course (Fall semester, 2001)

Private Practice Emergency/Thoracic Surgery - 1993 – 2001 Pittsburgh, PA

Volunteer Physician for AmeriCares Foundation, New Canaan, CT - 1993
Provided emergency medical services and humanitarian aid in disaster areas poorly staffed by medical personnel. Duties pertained to the emergency deployment to Kauai following Hurricane Iniki, under the Federal Emergency Management Agency (FEMA) and AmeriCares. Provided emergency surgical and medical care to residents of Kauai and Niihau, and re-established and staffed a medical/surgical/family practice clinic in Waimea, Kauai.

Research Assistant, Pathology and Epidemiology - December 1977-May 1991
Philadelphia Zoological Society, Philadelphia, PA.

Supervisor – Robert L. Snyder, PhD

Duties: Design and implementation of research protocols for various projects, primarily the correlation of Hepatitis B Virus (HBV) with hepatocellular carcinoma in wild primates, and the incidence of atherosclerotic lesions with varying levels of dietary cholesterol and fat in great apes; collection and analysis of blood and tissue specimens from wild primates; necropsy of deceased animals from research and zoological collection, examination of gross and microscopic specimens and preparation of necropsy reports.

Laurie A. Kardon, M.D., M.P.H - Page five

Presentations:

Moderator of the Session “Disaster Preparedness – Mass Civilian Trauma; Advances in Military Battlefield Injuries; Mass Civilian Infectious Epidemics; Update on The State of Florida’s Disaster Planning. ”

Florida Society for Critical Care Medicine

Annual Meeting, September 2007, Marco Island, Florida

Moderator of the Session “Extreme Medicine – Critical Care in Unusual Environments – New Technologies ”

American Lung Association-Florida/Florida Thoracic Society

Annual Wintercourse Meeting, February 2007, Orlando, Florida

Moderator of the Session “Chemical, Biologic, Radiation Injuries and Illnesses”

American Lung Association-Florida/Florida Thoracic Society

Annual Wintercourse Meeting, February 2006, Orlando, Florida

Moderator of the session “Pulmonary Effects at the Extremes of Altitude – Saturation Diving, Aerospace and Deep Space Effects”

American Lung Association-Florida/Florida Thoracic Society

Annual Wintercourse Meeting, February 2005, Orlando, Florida

“Respiratory Health Surveillance in a Toluene Di-Isocyanate Production Unit-1967-1997”

Medicine Grand Rounds – November, 2001

University of Pittsburgh, Pittsburgh, PA

“Occupational Asthma”

Occupational Medicine Grand Rounds - November, 2001

Graduate School of Public Health, University of Pittsburgh, Pittsburgh, PA

“Cost-Effectiveness of In-House Corporate Occupational Medical Services”

Occupational Medicine Grand Rounds - May, 2001

Graduate School of Public Health, University of Pittsburgh, Pittsburgh, PA

“Reproductive Effects of Occupational Exposure to Toluene”

Graduate School of Public Health – April, 2001

University of Pittsburgh, Pittsburgh, PA.

Laurie A. Kardon, M.D., MPH – Page six

Presentations - continued

“Occupational Exposure to Vinyl Chloride”

School of Engineering, Chemical Engineering Division – April, 2001
University of Pittsburgh, Pittsburgh, PA

“Statistics”

Occupational Medicine Grand Rounds – October, 2000
Graduate School of Public Health, University of Pittsburgh, Pittsburgh, PA

“Ergonomic Assessment of Life Flight Nurses”

School of Engineering – April, 2000
University of Pittsburgh, Pittsburgh, PA

“Gulf War Syndrome”

Graduate School of Public Health - November, 1999
University of Pittsburgh, Pittsburgh, PA

“Toxicological Assessment of Chemicals - DNA Microarray Technology”

Graduate School of Public Health - September, 1999
University of Pittsburgh, Pittsburgh, PA

“Pulmonary Thromboendarterectomy for Chronic Pulmonary Embolism”

Pittsburgh Thoracic Society – April, 1992
Pittsburgh, PA.

“Treatment Options for Chronic Pulmonary Embolism”

Cardiology Grand Rounds – March, 1992
Allegheny General Hospital, Pittsburgh, PA.

“Ascending Aortic Aneurysm — Diagnoses and Management”

Cardiology Grand Rounds – December, 1991
Allegheny General Hospital, Pittsburgh, PA.

“Hypertension and Cardiovascular Disease”

Lecture series to medical students - multiple sessions, 1990 and 1991
The George Washington University Hospital, Washington, DC

“Nutrition in the Surgical Patient”

Lecture series to medical students – multiple sessions, 1990 and 1991
The George Washington University Hospital, Washington, DC

Laurie A. Kardon, M.D., M.P.H – Page seven

Presentations – continued

“Cardiac Trauma”

Emergency Medicine/Trauma Combined Grand Rounds – May, 1990
The George Washington University Hospital, Washington, DC

“Blunt Cardiac Trauma”

Cardiology/Cardiothoracic Surgery Combined Grand Rounds – February, 1989
The George Washington University Hospital, Washington, DC

“Acute Renal Failure after Cardiopulmonary Bypass”

Cardiology/Cardiothoracic Surgery Combined Grand Rounds – January, 1989
The George Washington University Hospital, Washington, DC

“Treatment Options in Breast Cancer”

Lecture series to medical students – multiple sessions, 1990
The George Washington University Hospital, Washington, DC

CURRICULUM VITAE

Alexander Volkov, D.O.

Family Medicine/Sports Medicine/OMT

85 Gulfstream Rd, #303

Dania Beach, FL 33004

avolko01@gmail.com

cell/txt: 718 312-2021

US citizen



MEDICAL EDUCATION:

FELLOWSHIP:	07/2012 – 06/2013	Sports Medicine at Larkin Hospital, South Miami, FL – ongoing
RESIDENCY:	04/2012 – 06/2012	Nassau University Medical Center – Family Practice/OMM continued and completed on time – interruption due to Peninsula Hospital CLOSURE in 03/2012
	2010 – 03/2012	Peninsula Hospital Center, NY – Family Practice/OMM
INTERNSHIP:	2009 – 2010	Peninsula Hospital Center, Far Rockaway, NY
Medical Schools:	2005 – 2009	New York College of Osteopathic Medicine – Doctor of Osteopathy, graduated 5/17/2009
	1992 – 1998	Medical School at N. Novgorod State Medical Academy – Doctor of Medicine
	1995-1997	COLLEGE OF NURSING, Russia

LICENSURE/ CERTIFICATES:

2012	Florida Osteopathic Board Medical License – OS 11953 (valid through 03/2014)
2011	New York State Medical License – 60 261292 (valid through 3/2013)
2011	ACLS/BLS (valid through 6/2013)
2006	A STILL SUTHERLAND STUDY GROUP AT UMDNJ - Course in cranial osteopathy: "Using Powers Within the Patient's Body"
1998	CLASSICAL ACUPUNCTURE course, Russia
2012	Advanced Open Water/Search and Rescue Diver/EOX course – no expiration date

WORK EXPERIENCE:

11/11-2/12	P/t family practice physician - Brooklyn, NY
2009-2012	FP residency with heavy training in Inpatient medicine, ER admission compliant with Mc Millan criteria
06-07/2006	Assistant position for Professor in Osteopathic Manipulative Treatment NYCOM Health Center
04/2006	LONG ISLAND marathon/half-marathon - triage clerk
07 – 08/2006	GENERAL SURGERY dpmt N.Novgorod City Hospital, RUSSIA – Physician Assistant/OR surg assistant
2003 – 2004	FORCES OF NATURE TOTAL HEALTH CENTER, Brooklyn, NY – lifestyle/healthcare consultant/weight loss advisor
1999 – 2002	Coney Island Health Center Pharmacy&Surgical Supplies, Brooklyn, NY – Medical Educator/Manager
06 – 08/1997	Maternity Hospital, Russia – OB/Gyn– Physician Assistant
06 – 08/1996	Semashko's Regional Hospital, Russia – IM– Physician Assistant.
1991 – 1992	Psyconeurological City Hospital, Russia – Volunteer position

PROFESSIONAL KNOWLEDGE/TEACHING EXPERIENCE:

Valuable knowledge in pain management with hands-on manipulations, Ultra Sound-guided musculoskeletal injections, nerve blocks. Advanced knowledge in musculoskeletal radiology. Extensive knowledge in surgical devices, US pharmacopoeia, diabetic devices and management. Nutrition, vitamins and food supplements and herbs as well. Advanced computer skills/EMR. ACUTE APPENDICITIS IN PEDIATRIC PATIENTS – at Coney Island Hospital, Brooklyn, NY, Pediatric DPMT SUTURING WORKSHOP at WYCHOFF MEDICAL CENTER, Brooklyn, NY, OB/GYN DPMT Multiple Lectures/Power Point Presentations in Trauma/Orthopaedics at Peninsula hospital center, NY

PROFESSIONAL MEMBERSHIPS:

AMERICAN OSTEOPATHIC ASSOCIATION
 AMERICAN HEART ASSOCIATION
 AMERICAN ACADEMY OF FAMILY PHYSICIANS
 AMERICAN REGISTRY OF MEDICAL ASSISTANTS

LANGUAGES:

English/Russian – fluent
 Spanish – developing

REFERENCE LETTERS (available upon request)

Dr. Peter Guiney, D.O. – Family Practice Program Director at Nassau University Medical Center
 Dr. Sadhana Gupta, M.D. – Family Practice, director of Rockaway Urgent Care Center
 Dr. Steven Licata, D.O. – FP/NMM program director at Larkin Hospital, Miami FL

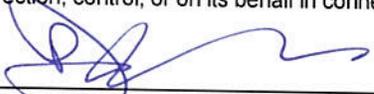
March 20, 2015

City of Hollywood, Florida
Solicitation # 4453-15-RD

HOLD HARMLESS AND INDEMNITY CLAUSE

(Company Name and Authorized Representative's Name)

, the contractor, shall indemnify, defend and hold harmless the City of Hollywood, its elected and appointed officials, employees and agents for any and all suits, actions, legal or administrative proceedings, claims, damage, liabilities, interest, attorney's fees, costs of any kind whether arising prior to the start of activities or following the completion or acceptance and in any manner directly or indirectly caused, occasioned or contributed to in whole or in part by reason of any act, error or omission, fault or negligence whether active or passive by the contractor, or anyone acting under its direction, control, or on its behalf in connection with or incident to its performance of the contract.


SIGNATURE

Peter Lamelas MD
PRINTED NAME

MD Now Medical Centers Inc
COMPANY OF NAME

4/13/2015
DATE

Failure to sign or changes to this page shall render your bid non-responsive.

March 20, 2015

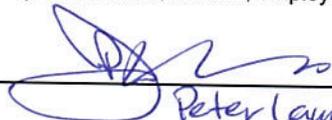
City of Hollywood, Florida
Solicitation # 4453-15-RD

NONCOLLUSION AFFIDAVIT

STATE OF: Florida

COUNTY OF: Palm Beach, being first duly sworn, deposes and says that:

- (1) He/she is CEO of MD Now Medical Ctr Inc, the Bidder that has submitted the attached Bid.
- (2) He/she has been fully informed regarding the preparation and contents of the attached Bid and of all pertinent circumstances regarding such Bid;
- (3) Such Bid is genuine and is not a collusion or sham Bid;
- (4) Neither the said Bidder nor any of its officers, partners, owners, agents, representatives, employees or parties in interest, including this affiant has in any way colluded, conspired, connived or agreed, directly or indirectly with any other Bidder, firm or person to submit a collusive or sham Bid in connection with the contractor for which the attached Bid has been submitted or to refrain from bidding in connection with such contract, or has in any manner, directly or indirectly, sought by agreement or collusion or communication or conference with any other Bidder, firm or person to fix the price or prices, profit or cost element of the Bid price or the Bid price of any other Bidder, or to secure an advantage against the City of Hollywood or any person interested in the proposed Contract; and
- (5) The price or prices quoted in the attached Bid are fair and proper and are not tainted by any collusion, conspiracy, connivance or unlawful agreement on the part of the Bidder or any of its agents, representatives, owners, employees, or parties in interest, including this affiant.

(SIGNED)  CEO
Peter Landas Title MD

Failure to sign or changes to this page shall render your bid non-responsive.

March 20, 2015

City of Hollywood, Florida
Solicitation # 4453-15-RD**SWORN STATEMENT PURSUANT TO SECTION 287.133 (3) (a) FLORIDA
STATUTES ON PUBLIC ENTITY CRIMES**THIS FORM MUST BE SIGNED AND SWORN TO IN THE PRESENCE OF A NOTARY PUBLIC OR
OTHER OFFICIAL AUTHORIZED TO ADMINISTER OATHS

1. This form statement is submitted to City of Hollywood, Florida
by Peter Lameelas MD, CEO for MD Now Medical Centers Inc
(Print individual's name and title) (Print name of entity submitting sworn statement)
whose business address is MD Now Medical Centers Inc
and if applicable its Federal Employer Identification Number (FEIN) is 010790511 If the entity has no FEIN,
include the Social Security Number of the individual signing this sworn statement.

2. I understand that "public entity crime," as defined in paragraph 287.133(1)(g), Florida Statutes, means a violation of any state or federal law by a person with respect to and directly related to the transaction of business with any public entity or with an agency or political subdivision of any other state or with the United States, including, but not limited to, any bid, proposal, reply, or contract for goods or services, any lease for real property, or any contract for the construction or repair of a public building or public work, involving antitrust, fraud, theft, bribery, collusion, racketeering, conspiracy, or material misinterpretation.

3. I understand that "convicted" or "conviction" as defined in Paragraph 287.133(1)(b), Florida Statutes, means a finding of guilt or a conviction of a public entity crime, with or without an adjudication of guilt, in an federal or state trial court of record relating to charges brought by indictment or information after July 1, 1989, as a result of a jury verdict, nonjury trial, or entry of a plea of guilty or nolo contendere.

4. I understand that "Affiliate," as defined in paragraph 287.133(1)(a), Florida Statutes, means:

1. A predecessor or successor of a person convicted of a public entity crime, or
2. An entity under the control of any natural person who is active in the management of the entity and who has been convicted of a public entity crime. The term "affiliate" includes those officers, directors, executives, partners, shareholders, employees, members, and agents who are active in the management of an affiliate. The ownership by one person of shares constituting a controlling interest in another person, or a pooling of equipment or income among persons when not for fair market value under an arm's length agreement, shall be a prima facie case that one person controls another person. A person who knowingly enters into a joint venture with a person who has been convicted of a public entity crime in Florida during the preceding 36 months shall be considered an affiliate.

5 I understand that "person," as defined in Paragraph 287.133(1)(e), Florida Statutes, means any natural person or any entity organized under the laws of any state or of the United States with the legal power to enter into a binding contract and which bids or applies to bid on contracts let by a public entity, or which otherwise transacts or applies to transact business with a public entity. The term "person" includes those officers, executives, partners, shareholders, employees, members, and agents who are active in management of an entity.

6. Based on information and belief, the statement which I have marked below is true in relation to the entity submitting this sworn statement. (Please indicate which statement applies.)

Neither the entity submitting sworn statement, nor any of its officers, director, executives, partners, shareholders, employees, members, or agents who are active in the management of the entity, nor any affiliate of the entity has been charged with and convicted of a public entity crime subsequent to July 1, 1989.

The entity submitting this sworn statement, or one or more of its officers, directors, executives, partners, shareholders, employees, members, or agents who are active in the management of the entity, or an affiliate of the entity, or an affiliate of the entity has been charged with and convicted of a public entity crime subsequent to July 1, 1989.

March 20, 2015

City of Hollywood, Florida
Solicitation # 4453-15-RD

The entity submitting this sworn statement, or one or more of its officers, directors, executives, partners, shareholders, employees, members, or agents who are active in the management of the entity, or an affiliate of the entity has been charged with and convicted of a public entity crime, but the Final Order entered by the Hearing Officer in a subsequent proceeding before a Hearing Officer of the State of the State of Florida, Division of Administrative Hearings, determined that it was not in the public interest to place the entity submitting this sworn statement on the convicted vendor list. (attach a copy of the Final Order).

I UNDERSTAND THAT THE SUBMISSION OF THIS FORM TO THE CONTRACTING OFFICER FOR THE PUBLIC ENTITY IDENTIFIED IN PARAGRAPH 1 (ONE) ABOVE IS FOR THAT PUBLIC ENTITY ONLY AND THAT THIS FORM IS VALID THROUGH DECEMBER 31 OF THE CALENDAR YEAR IN WHICH IT IS FILED. I ALSO UNDERSTAND THAT I AM REQUIRED TO INFORM THAT PUBLIC ENTITY PRIOR TO ENTERING INTO A CONTRACT IN EXCESS OF THE THRESHOLD AMOUNT PROVIDED IN SECTION 287.017 FLORIDA STATUTES FOR A CATEGORY TWO OF ANY CHANGE IN THE INFORMATION CONTAINED IN THIS FORM.

[Handwritten Signature]

(Signature)

Sworn to and subscribed before me this 13 day of April, 2015.

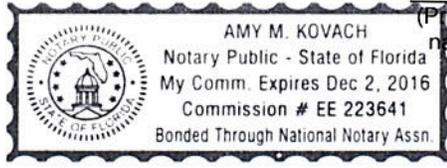
Personally known _____

Or produced identification _____ Notary Public-State of _____

personally known my commission expires 12/2/16
(Type of identification)

[Handwritten Signature]

(Printed, typed or stamped commissioned name of notary public)



Failure to sign or changes to this page shall render your bid non-responsive.

March 20, 2015

City of Hollywood, Florida
Solicitation # 4453-15-RD

**CERTIFICATIONS REGARDING DEBARMENT, SUSPENSION AND OTHER
RESPONSIBILITY MATTERS**

The applicant certifies that it and its principals:

- (a) Are not presently debarred, suspended, proposed for debarment, declared ineligible, sentenced to a denial of Federal benefits by a State or Federal court, or voluntarily excluded from covered transactions by any Federal department or agency;
- (b) Have not within a three-year period preceding this application been convicted of or had a civil judgment rendered against them for commission of fraud or a criminal offense in connection with obtaining, attempting to obtain, or performing a public (Federal, State, or local) transaction or contract under a public transaction, violation of Federal or State antitrust statutes or commission of embezzlement, theft, forgery, bribery, falsification or destruction of records, making false statements, or receiving stolen property;
- (c) Are not presently indicted for or otherwise criminally or civilly charged by a governmental entity (Federal, State, or local) with commission of any of the offenses enumerated in paragraph (b) of this certification; and
- (d) Have not within a three-year period preceding this application had one or more public transactions (Federal, State, or local) terminated for cause or default.

Applicant Name and Address:

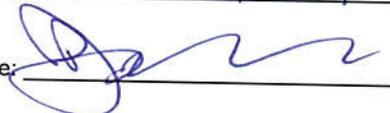
Peter Lamelas MD (CEO)
MD Now Medical Centers Inc
2007 Palm Beach Lakes Blvd, WPB, FL 33409

Application Number and/or Project Name:

Applicant IRS/Vendor Number: _____

Type/Print Name and Title of Authorized Representative:

Peter Lamelas, MD, CEO

Signature:  Date: 4/13/2015

Failure to sign or changes to this page shall render your bid non-responsive.

March 20, 2015

City of Hollywood, Florida
Solicitation # 4453-15-RD

DRUG-FREE WORKPLACE PROGRAM

IDENTICAL TIE BIDS - Preference shall be given to businesses with drug-free workplace programs. Whenever two or more bids which are equal with respect to price, quality, and service are received by the State or by any political subdivision for the procurement of commodities or contractual services, a bid received from a business that certifies that it has implemented a drug-free workplace program shall be given preference in the award process. Established procedures for processing tie bids will be followed if none of the tied vendors have a drug-free workplace program. In order to have a drug-free workplace program, a business shall:

1. Publish a statement notifying employees that the unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited in the workplace and specifying the actions that will be taken against employees for violations of such prohibition.
2. Inform employees about the dangers of drug abuse in the workplace, the business's policy of maintaining a drug-free workplace, any available drug counseling, rehabilitation, and employee assistance programs, and the penalties that may be imposed upon employees for drug abuse violations.
3. Give each employee engaged in providing the commodities or contractual services that are under bid a copy of the statement specified in subsection (1).
4. In the statement specified in subsection (1), notify the employee that, as a condition of working on the commodities or contractual services that are under bid, the employee will abide by the terms of the statement and will notify the employer of any conviction of, or plea of guilty or nolo contendere to, any violation of chapter 893 or of any controlled substance law of the United States or any state, for a violation occurring in the workplace no later than five (5) days after such conviction.
5. Impose a sanction on, or require the satisfactory participation in a drug abuse assistance or rehabilitation program (if such is available in the employee's community) by, any employee who is so convicted.
6. Make a good faith effort to continue to maintain a drug-free workplace through implementation of these requirements.

As the person authorized to sign the statement, I certify that this firm complies fully with the above requirements.



VENDOR'S SIGNATURE

Peter Lamelas MD, CEO

PRINTED NAME

MD Now Medical Centers Inc

NAME OF COMPANY

March 20, 2015

City of Hollywood, Florida
Solicitation # 4453-15-RD

SOLICITATION, GIVING, AND ACCEPTANCE OF GIFTS POLICY

Florida Statute 112.313 prohibits the solicitation or acceptance of Gifts. - "No Public officer, employee of an agency, local government attorney, or candidate for nomination or election shall solicit or accept anything of value to the recipient, including a gift, loan, reward, promise of future employment, favor, or service, based upon any understanding that the vote, official action, or judgment of the public officer, employee, local government attorney, or candidate would be influenced thereby." The term "public officer" includes "any person elected or appointed to hold office in any agency, including any person serving on an advisory body."

The City of Hollywood policy prohibits all public officers, elected or appointed, all employees, and their families from accepting any gifts of any value, either directly or indirectly, from any contractor, vendor, consultant, or business with whom the City does business.

The State of Florida definition of "gifts" includes the following:

- Real property or its use,
- Tangible or intangible personal property, or its use,
- A preferential rate or terms on a debt, loan, goods, or services,
- Forgiveness of indebtedness,
- Transportation, lodging, or parking,
- Food or beverage,
- Membership dues,
- Entrance fees, admission fees, or tickets to events, performances, or facilities,
- Plants, flowers or floral arrangements
- Services provided by persons pursuant to a professional license or certificate.
- Other personal services for which a fee is normally charged by the person providing the services.
- Any other similar service or thing having an attributable value not already provided for in this section.

Any contractor, vendor, consultant, or business found to have given a gift to a public officer or employee, or his/her family, will be subject to dismissal or revocation of contract.

As the person authorized to sign the statement, I certify that this firm will comply fully with this policy.



 SIGNATURE

Peter Loumelas MD

 PRINTED NAME

MD Now Medical Centers, CEO

 NAME OF COMPANY

 TITLE

Failure to sign this page shall render your bid non-responsive.



City of Hollywood, Florida

PROCUREMENT SERVICES RM. 303
P. O. Box 229045 ZIP 33022-9045

NOTICE TO PROPOSERS

NOTICE IS HEREBY GIVEN, that the City Commission of the City of Hollywood, Florida is advertising for Sealed Request for Proposals, which will be received by the City Clerk of the City of Hollywood, Florida until **3:00 P.M., April 14, 2015**, at which time they will be opened and publicly read in the Procurement Services Division, Room 303, City Hall, 2600 Hollywood Boulevard, Hollywood, Florida. FOR: **Occupational Health Services**

**RFP NO. 4453-15-RD
ADDENDUM NO. 1**

Questions submitted in regards to the above RFP and corresponding answers:

- Q1: May mobile vans be used to conduct exams?
A1: Only if the mobile vans are available whenever an examination is needed.
- Q2: May exams be scheduled for consecutive days each month?
A2: No, examinations are scheduled as needed, this would not provide the flexibility that we need.
- Q3: Page 25, c; May exams be performed by Nurse Practitioners or Physician Assistants?
A3: Yes, and the forms regarding the results of the physical must be signed by a physician, certified advance registered nurse practitioner or physician assistant.

All other specifications, terms & conditions remain the same.

MAILED RFP'S

If you have already submitted your printed Request for Proposals, it will be retained in the City Clerk's Office until the Proposal opening time and date. If you wish to pick up your RFP that has already been submitted, you can do so by showing proper identification, in the Office of the City Clerk, 2600 Hollywood Blvd, Room 221, Hollywood, Florida 33020.

Please sign and return with your RFP.

COMPANY NAME: MD Now Medical Centers Inc.

PROPOSER'S SIGNATURE [Signature]

Dated this 1st day of April, 2015

Question and Answers for Bid #RFP-4453-15-RD - Occupational Health Services

Overall Bid Questions

Question 1

Should there be a FEE STRUCTURE associated with RFP-4453-15-RD? (Submitted: Mar 27, 2015 5:13:02 PM EDT)

Answer

- The fee structure document will be issued as an addendum on BidSync. (Answered: Apr 2, 2015 8:18:20 AM EDT)

Question Deadline: Mar 30, 2015 7:00:00 AM EDT



Form **W-9**
(Rev. August 2013)
Department of the Treasury
Internal Revenue Service

Request for Taxpayer Identification Number and Certification

Give Form to the
requester. Do not
send to the IRS.

Print or type
See Specific
Instructions on page 2.

Name (as shown on your income tax return)
MD Now Medical Centers Inc.

Business name/disregarded entity name, if different from above

Check appropriate box for federal tax classification:
 Individual/sole proprietor C Corporation S Corporation Partnership Trust/estate
 Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=partnership) ▶ _____
 Other (see instructions) ▶ _____

Exemptions (see instructions):
 Exempt payee code (if any) _____
 Exemption from FATCA reporting code (if any) _____

Address (number, street, and apt. or suite no.)
2007 Palm Beach Lakes Blvd

City, state, and ZIP code
WPR, Florida 33409

List account number(s) here (optional)

Requester's name and address (optional)

Part I Taxpayer Identification Number (TIN)

Enter your TIN in the appropriate box. The TIN provided must match the name given on the "Name" line to avoid backup withholding. For individuals, this is your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the Part I instructions on page 3. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN* on page 3.

Social security number

			-			-			
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Note. If the account is in more than one name, see the chart on page 4 for guidelines on whose number to enter.

Employer identification number

01	-	07905111
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Part II Certification

Under penalties of perjury, I certify that:

- The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me), and
- I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding, and
- I am a U.S. citizen or other U.S. person (defined below), and
- The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions on page 3.

Sign Here Signature of U.S. person ▶  Date ▶ **4/13/2015**

General Instructions

Section references are to the Internal Revenue Code unless otherwise noted.
Future developments. The IRS has created a page on IRS.gov for information about Form W-9, at www.irs.gov/w9. Information about any future developments affecting Form W-9 (such as legislation enacted after we release it) will be posted on that page.

Purpose of Form

A person who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) to report, for example, income paid to you, payments made to you in settlement of payment card and third party network transactions, real estate transactions, mortgage interest you paid, acquisition or abandonment of secured property, cancellation of debt, or contributions you made to an IRA.

Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN to the person requesting it (the requester) and, when applicable, to:

- Certify that the TIN you are giving is correct (or you are waiting for a number to be issued),
- Certify that you are not subject to backup withholding, or
- Claim exemption from backup withholding if you are a U.S. exempt payee. If applicable, you are also certifying that as a U.S. person, your allocable share of any partnership income from a U.S. trade or business is not subject to the

withholding tax on foreign partners' share of effectively connected income, and

4. Certify that FATCA code(s) entered on this form (if any) indicating that you are exempt from the FATCA reporting, is correct.

Note. If you are a U.S. person and a requester gives you a form other than Form W-9 to request your TIN, you must use the requester's form if it is substantially similar to this Form W-9.

Definition of a U.S. person. For federal tax purposes, you are considered a U.S. person if you are:
• An individual who is a U.S. citizen or U.S. resident alien,
• A partnership, corporation, company, or association created or organized in the United States or under the laws of the United States,
• An estate (other than a foreign estate), or
• A domestic trust (as defined in Regulations section 301.7701-7).

Special rules for partnerships. Partnerships that conduct a trade or business in the United States are generally required to pay a withholding tax under section 1446 on any foreign partners' share of effectively connected taxable income from such business. Further, in certain cases where a Form W-9 has not been received, the rules under section 1446 require a partnership to presume that a partner is a foreign person, and pay the section 1446 withholding tax. Therefore, if you are a U.S. person that is a partner in a partnership conducting a trade or business in the United States, provide Form W-9 to the partnership to establish your U.S. status and avoid section 1446 withholding on your share of partnership income.

March 20, 2015

City of Hollywood, Florida
Solicitation # 4453-15-RD

ACKNOWLEDGMENT AND SIGNATURE PAGE

This form must be completed and submitted by the date and the time of bid opening.

Legal Company Name (include d/b/a if applicable): MD Now Medical Centers, Inc. Federal Tax Identification Number: 01-0790511

If Corporation - Date Incorporated/Organized: June 27, 2003

State Incorporated/Organized: Florida

Company Operating Address: 2007 Palm Beach Lakes Blvd.

City West Palm Beach, FL State FL Zip Code 33409

Remittance Address (if different from ordering address): _____

City _____ State _____ Zip Code _____

Company Contact Person: R.P. Dickerson Email Address: rp dickerson@mdnow.com

Phone Number (include area code): 561.420.8561 Fax Number (include area code): 866.371.6361

Company's Internet Web Address: http://www.mdnow.com

IT IS HEREBY CERTIFIED AND AFFIRMED THAT THE BIDDER/PROPOSER CERTIFIES ACCEPTANCE OF THE TERMS, CONDITIONS, SPECIFICATIONS, ATTACHMENTS AND ANY ADDENDA. THE BIDDER/PROPOSER SHALL ACCEPT ANY AWARDS MADE AS A RESULT OF THIS SOLICITATION. BIDDER/PROPOSER FURTHER AGREES THAT PRICES QUOTED WILL REMAIN FIXED FOR THE PERIOD OF TIME STATED IN THE SOLICITATION.

 Bidder/Proposer's Authorized Representative's Signature: _____ Date 4/12/2015

Type or Print Name: Peter Lamelas, MD

THE EXECUTION OF THIS FORM CONSTITUTES THE UNEQUIVOCAL OFFER OF BIDDER/PROPOSER TO BE BOUND BY THE TERMS OF ITS PROPOSAL. FAILURE TO SIGN THIS SOLICITATION WHERE INDICATED BY AN AUTHORIZED REPRESENTATIVE SHALL RENDER THE BID/PROPOSAL NON-RESPONSIVE. THE CITY MAY, HOWEVER, IN ITS SOLE DISCRETION, ACCEPT ANY BID/PROPOSAL THAT INCLUDES AN EXECUTED DOCUMENT WHICH UNEQUIVOCALLY BINDS THE BIDDER/PROPOSER TO THE TERMS OF ITS OFFER.

ANY EXCEPTION, CHANGES OR ALTERATIONS TO THE GENERAL TERMS AND CONDITIONS, HOLDHARMLESS/INDEMNITY DOCUMENT OR OTHER REQUIRED FORMS MAY RESULT IN THE BID/PROPOSAL BE DEEMED NON-RESPONSIVE AND DISQUALIFIED FROM THE AWARD PROCESS.