

IN RECOGNITION OF MEN'S HEALTH MONTH

JUNE 2022

- WHEREAS,** DESPITE ADVANCES IN MEDICAL TECHNOLOGY AND RESEARCH, MEN CONTINUE TO LIVE AN AVERAGE OF FIVE YEARS LESS THAN WOMEN WITH NATIVE AMERICAN AND AFRICAN AMERICAN MEN HAVING THE LOWEST LIFE EXPECTANCY; AND
- WHEREAS,** THE MEN'S HEALTH NETWORK WORKED WITH CONGRESS TO DEVELOP A NATIONAL MEN'S HEALTH AWARENESS PERIOD AS A SPECIAL CAMPAIGN TO HELP EDUCATE MEN, BOYS, AND THEIR FAMILIES ABOUT THE IMPORTANCE OF POSITIVE HEALTH ATTITUDES AND PREVENTATIVE HEALTH PRACTICES; AND
- WHEREAS,** EDUCATING THE PUBLIC AND HEALTH CARE PROVIDERS ABOUT THE IMPORTANCE OF A HEALTHY LIFESTYLE AND EARLY DETECTION OF MALE HEALTH PROBLEMS WILL RESULT IN REDUCING RATES OF MORTALITY FROM DISEASE; AND
- WHEREAS,** MEN WHO ARE EDUCATED ABOUT THE VALUE THAT PREVENTIVE HEALTH CAN PLAY IN PROLONGING THEIR LIFESPAN AND THEIR ROLE AS PRODUCTIVE FAMILY MEMBERS WILL BE MORE LIKELY TO PARTICIPATE IN HEALTH SCREENINGS. FATHERS MAINTAINING A HEALTHY LIFESTYLE ARE ROLE MODELS FOR THEIR CHILDREN AND HAVE HAPPIER, HEALTHIER CHILDREN; AND
- WHEREAS,** TO INCREASE MEN'S HEALTH AWARENESS, ALL MONTH LONG THE CITY OF HOLLYWOOD'S WELLNESS PROGRAM, HOLLYWOOD WELLNESS WILL FOCUS ON SEVERAL DIMENSIONS OF MEN'S HEALTH & WELLBEING – FINANCIAL, MENTAL, PHYSICAL AND SOCIAL. THIS YEAR, THE CITY WILL HOST A SERIES OF INITIATIVES INCLUDING BUT NOT LIMITED TO: 1) PROMOTING FINANCIAL WELLNESS THROUGH THE CITY'S CREDIT COUNSELING PARTNERS, DMCC, WHO OFFERS GUIDANCE ON OBTAINING FINANCIAL FREEDOM; 2) HOSTING THREE MEN'S MENTAL & PHYSICAL HEALTH PRESENTATIONS FROM MEMORIAL HEALTHCARE SYSTEM, GREENLIFE I/OP AND FHP HEALTH, FOCUSING ON ANGER, DEPRESSION AND MEN'S HEALTH; A COMMUNICATION CAMPAIGN SPEAKING ON THE IMPORTANCE OF PROSTATE CANCER SCREENINGS, ADDING A MONETARY INCENTIVE OF \$75 FOR COMPLETING THE PSA; 3) ENCOURAGING AND ASSISTING WITH ENROLLMENT TO COMPLETE THE CITY-PAID LIFE SCAN, A COMPREHENSIVE WELLNESS EXAM; AND 4) HOSTING A WELLNESS STEP CHALLENGE CREATING A SOCIAL AND INTERACTIVE EXPERIENCE OF INTRODUCING A DEPARTMENTAL COLLABORATION AND COMPETITION, RESULTING IN THE WINNING COLLABORATION RECEIVING NOT ONLY BRAGGING RIGHTS, BUT A CATERED LUNCH, COMPLEMENTS OF HOLLYWOOD WELLNESS. THE CITY WILL CONTINUE TO HIGHLIGHT ITS AVAILABLE RESOURCES SUCH AS THE EMPLOYEE ASSISTANCE PROGRAM, CIGNA HEALTH PLAN, AND THE CITY OF HOLLYWOOD'S WELLNESS PROGRAM; AND
- WHEREAS,** THE RESIDENTS OF HOLLYWOOD, FLORIDA ARE ENCOURAGED TO BE AWARE OF THE IMPORTANCE OF A HEALTHY LIFESTYLE, REGULAR EXERCISE, AND MEDICAL CHECK-UPS; AND
- WHEREAS,** MEN'S HEALTH MONTH WEBSITE HAS BEEN ESTABLISHED AT WWW.MENSHEALTHMONTH.ORG AND FEATURES RESOURCES, PROCLAMATIONS, AND INFORMATION ABOUT AWARENESS EVENTS AND ACTIVITIES, INCLUDING WEAR BLUE FOR MEN'S HEALTH; NOW
- THEREFORE,** JOSH LEVY, MAYOR OF THE CITY OF HOLLYWOOD, FLORIDA, AND THE HOLLYWOOD CITY COMMISSION, HEREBY PROCLAIM JUNE 2022 AS:

MEN'S HEALTH MONTH

SIGNED THIS 1ST DAY OF
JUNE 2022, AT
HOLLYWOOD, FLORIDA

MAYOR JOSH LEVY
VICE MAYOR CARYL SHUHAM
COMMISSIONER LINDA HILL ANDERSON
COMMISSIONER TRACI L. CALLARI
COMMISSIONER ADAM GRUBER
COMMISSIONER KEVIN D. BIEDERMAN
COMMISSIONER LINDA SHERWOOD