



Law Enforcement Psychological and
Counseling Associates, Inc.

City of Hollywood, FL

Public Safety Psychological Wellness Services and Training

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Submitted by:

Law Enforcement Psychological & Counseling Associates, Inc
(LEPCA)

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Provision of Wellness Services and Trainings

- Voluntary Wellness Sessions for public safety employees and dependents
 - Frequency, amount, and duration of sessions determined by licensed practitioner. Referrals to additional services as needed and at the discretion of the practitioner, with consideration for specialty services, limitations, and needs of program.
 - Mandatory Annual Wellness Visits for public safety employees (30-minute sessions)
 - In person or through secure remote telehealth platform
 - More frequent (quarterly/semi) Wellness Visits for members of specialized units
 - Critical Incident Stress Debriefings (CISD) with follow-up sessions at three and six months post incident, or at a similar recommended interval determined by licensed practitioner and individual to optimize care.
 - Develop and plan a structured schedule for monthly training seminars to address:
 - New Hires
 - Public Safety Employee Families
 - Peer Support (Quarterly)
 - Line Supervisors
 - Specialty Units (Separate units per training, not collective)
 - Non-sworn/Civilian Units- Separate training to provide focus on their roles
 - Retirement Preparation- semi-annual
 - Wellness and Resiliency Training (Educate on available services)
 - Guidance and Assistance with Promotional Interview Process
 - Development of promotional interview format
 - Development of interview questions tailored to the agency
 - Creation of evaluation scoring rubric
 - Training for promotional evaluation interviewers
- LEPCA will maintain statistics with utilization of wellness services to determine trends and develop training seminars
- All training seminars are designed to create an agency wide presence from the time of selection and on-boarding, through the employee's career
- Training seminars will be offered on multiple dates to account for various shifts/schedules to minimize impact on staffing and maximize attendance/participation

- Attendance to trainings will be tracked and provided to the agency
- LEPCA will provide promotional materials, posters, web postings, brief video segments, etc., to be distributed during roll call and through agency email/listserv
- The agency will have a dedicated appointment scheduling system with QR code for Voluntary Wellness Sessions, Annual Wellness Visits, and CISDs

Statement of Fees for Fiscal Year 2025-2027 (10/1/24 – 9/30/27)

Pricing for Wellness Services to include Voluntary Wellness Sessions, Critical Incident Stress Debriefing (CISD), and Mandatory Annual Wellness Visits:

- Fiscal Year 10/1/24 to 9/30/25
 - Voluntary Wellness Sessions: \$250.00 / hour
 - CISD: \$250.00 / hour
 - Annual Wellness Visits: \$250.00 / hour (these visits are 30 minutes each)
- Fiscal Year 10/1/25 to 9/30/26
 - Voluntary Wellness Sessions: \$265.00 / hour
 - CISD: \$265.00 / hour
 - Annual Wellness Visits: \$265.00 / hour (these visits are 30 minutes each)
- Fiscal Year 10/1/26 to 9/30/27
 - Voluntary Wellness Sessions: \$285.00 / hour
 - CISD: \$285.00 / hour
 - Annual Wellness Visits: \$285.00 / hour (these visits are 30 minutes each)

Pricing for Professional Trainings (Peer Support, Line Supervision, New Hire, etc.):

- Fiscal Year 10/1/24 to 9/30/25
 - Professional Training: \$300.00 / hour
- Fiscal Year 10/1/25 to 9/30/26
 - Professional Training: \$320.00 / hour
- Fiscal Year 10/1/26 to 9/30/27
 - Professional Training: \$340.00 / hour